

PLANETARY[®]

HERBALS

FULL SPECTRUM[™]

LEMON BALM

NATURAL CALM & REST*

500 MG • 120 CAPSULES

HERBAL SUPPLEMENT

Approved by
Michael Tierra L.Ac, O.M.D.

Michael Tierra

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 60

Amount Per Serving	
Lemon Balm Leaf Extract	1 g†
†Daily Value not established.	

Other ingredients: gelatin (capsule), and stearic acid.

Suggested Use: 2 capsules daily.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

STORE IN A COOL, DRY PLACE.

For over 2,000 years, lemon balm has been used to calm the mind and take the edge off daily stress. Planetary Herbals **FULL SPECTRUM[™] LEMON BALM** contains the full range of compounds that occur in the plant naturally. FULL SPECTRUM LEMON BALM is ideal for the temporary relief of normal everyday stress, occasional anxiety, and for promoting a calm, positive mood.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PF0727 REV H201-C

FG-107581 BEST IF USED BY 8 24

Manufactured for:
© PLANETARY HERBALS, LLC
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