# Supplement Facts

Serving Size 8 grams (approx. 2 heaping teaspoons) Servings Per Container About 30

	Amount Per Serving	%DV*
Calories	25	
Total Fat	0g	0%*
Total Carbohydrates	69	2%*
Dietary Fiber	19	3%*
Total Sugars	39	
Includes 3g Added Sugars		6%*
Protein	<1g	<2%*
Sodium	80mg	3%*
Certified Organic Proprietary Mushroom Powder Blend	2g	t

Organic Lion's Mane (*Hericium erinaceus*) mycelial biomass & fruit body, Organic Reishi (*Ganoderma lucidum*) mycelial biomass & fruit body, Organic Chaga (*Inonotus obliquus*) mycelial biomass & primordia, and Organic Turkey Tall (*Trametes versicolor*) mycelial biomass & primordia.

Organic Tulsi Krishna Powder (Ocimum tenuiflorum)	130mg	1
Caffeine (Natrually Occurring)	26mg	1

'Percent Daily Values (DV) are based on a 2,000-calorie diet. † Daily Value (DV) Not Established

Other Ingredients: Organic Maple Sugar Powder, Organic Matcha Green Tea Powder, Organic Gum Acacia, Organic Vanilla Flavor, Organic Rice Hull Powder, Sea Salt, Organic Monk Fruit Extract, Organic Myceliated Oats.

Total caffeine content per 30 serving container = 30 x 26mg = 780mg

Made without eggs, dairy, fish, crustacean shellfish, tree nuts, wheat, soy or gluten. Manufactured in a facility that also processes egg, milk, soy and tree nuts.

Take as directed. If you have a medical condition, are on medication or are pregnant or nursing, please seek the direction of a qualified health care professional before using. Store in a cool, dry place.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Produced for: M2 Ingredients, Carlsbad, CA 92008 Distributed by: Om Mushroom Superfood, 5931 Priestly Dr. #101, Carlsbad, CA 92008



CERTIFIED ORGANIC BY ORGANIC CERTIFIERS



CERTIFIED KOSHER BY EARTH KOSHER



See Supplement Facts





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FOCUS\* : IMMUNITY\* : BALANCE

GREEN TEA MATCHA BLEND WITH LION'S MANE, REISHI,



## Powerful Superfoods.

Organic Matcha Green Tea from the heart of Nishio, Japan, where the finest ceremonial grade green tea has been grown for over 800 years. Combined with organic Lion's Mane, Reishi, Turkey Tail and Chaga superfood mushrooms, plus Tulsi for balance and vibrant health.‡

Each serving of Om Mushroom Matcha Latte Blend contains 2,000mg of certified organic whole food mushroom powder with a full spectrum of nutrients.

#### LION'S MANE - The Smart Mushroom

Helps support memory, focus, nerve health, creativity and mood.

#### REISHI - 'Shroom Away Stress

An adaptogen revered by traditional herbalists for its ability to help the body cope with everyday physical and mental stress by restoring balance and immune health.#

#### CHAGA - The Mushroom of Youth

A polyphenol powerhouse that helps outsmart free radicals to support immunity and promote healthy aging at any age.#

#### TURKEY TAIL - Your Immune Defense

A vegan mushroom with immune supporting benefits. One of the most researched functional mushrooms for its powerful polysaccharides.\*

### TULSI - Adaptogen

Tulsi, also known as Holy Basil is an herb commonly used in Ayurvedic medicine that originated in India. Tulsi is thought to act as an adaptogen and has been used for many years to help promote resistance to occasional stress and anxiousness.‡

#### HOW TO USE:

Add approximately 2 heaping teaspoons to 8oz hot water or your favorite milk, stir well & enjoy. Or serve cold for a delicious iced matcha latte. One serving per day.



✓ Organic ✓ Gluten Free ✓ Vegan ✓ Kosher