

Supplement Facts

Serving Size 8 grams (approx. 2 heaping teaspoons)
Servings Per Container About 30

	Amount Per Serving	%DV*
Calories	25	
Total Fat	0g	0%*
Total Carbohydrates	6g	2%*
Dietary Fiber	1g	4%*
Total Sugars	2g	
Includes 2g Added Sugars		4%*
Protein	<1g	<2%*
Sodium	100mg	4%*
Potassium	100mg	2%*

Certified Organic Proprietary

Mushroom Powder Blend	2g	†
Organic Lion's Mane (<i>Hericium erinaceus</i>) mycelial biomass & fruit body, Organic Reishi (<i>Ganoderma lucidum</i>) mycelial biomass & fruit body, Organic Chaga (<i>Inonotus obliquus</i>) mycelial biomass & primordia, and Organic Turkey Tail (<i>Trametes versicolor</i>) mycelial biomass & primordia.		

Organic Ashwagandha Root Powder	100mg	†
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*Percent Daily Values (DV) are based on a 2,000-calorie diet.

† Daily Value (DV) Not Established

Other Ingredients: Organic Maple Sugar Powder, Organic Dutch Cocoa Powder (alkalized), Organic Chocolate Flavor with Other Natural Flavors, Organic Gum Acacia, Sea Salt, Organic Vanilla Flavor, Organic Monk Fruit Extract, Organic Myceliated Oats.

Made without eggs, dairy, fish, crustacean shellfish, tree nuts, wheat, soy or gluten.
Manufactured in a facility that also processes egg, milk, soy and tree nuts.

Take as directed. If you have a medical condition, are on medication or are pregnant or nursing, please seek the direction of a qualified health care professional before using.
Store in a cool, dry place.

This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Produced for: M2 Ingredients, Carlsbad, CA 92008

Distributed by: Om Mushroom Superfood,
5931 Priestly Dr. #101, Carlsbad, CA 92008



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BY ORGANIC CERTIFIERS



CERTIFIED KOSHER
BY EARTH KOSHER



*See Supplement Facts



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Canister

MUSHROOM SUPERFOOD **Om** MUSHROOM HOT CHOCOLATE BLEND FOCUS⁺ : IMMUNITY⁺ : DE-STRESS⁺

INDULGENT HOT CHOCOLATE BLEND
WITH LION'S MANE, REISHI, CHAGA,
TURKEY TAIL & ASHWAGANDHA



Lion's Mane, Reishi, Chaga, Turkey Tail & Ashwagandha

DIETARY SUPPLEMENT POWDER
NET WT. 240g (8.47oz)



Powerful Superfoods.

Premium, Dutch Cocoa known for its distinctive soft, creamy taste and packed with flavonoids, naturally-occurring antioxidants to help fight against free radicals. Combined with organic Lion's Mane, Reishi, Chaga and Turkey Tail superfood mushrooms, plus Ashwagandha for centering and vibrant health.[‡]

Each serving of Om Mushroom Hot Chocolate Blend contains 2,000mg of certified organic whole food mushroom powder with a full spectrum of nutrients.

LION'S MANE - The Smart Mushroom

Helps support memory, focus, nerve health, creativity and mood.[‡]

REISHI - 'Shroom Away Stress

An adaptogen revered by traditional herbalists for its ability to help the body cope with everyday physical and mental stress by restoring balance and immune health.[‡]

CHAGA - The Mushroom of Youth

A polyphenol powerhouse that helps outsmart free radicals to support immunity and promote healthy aging at any age.[‡]

TURKEY TAIL - Your Immune Defense

A vegan mushroom with immune supporting benefits. One of the most researched functional mushrooms for its powerful polysaccharides.[‡]

ASHWAGANDHA - Traditional Tonic

The berry and root of the Ashwagandha plant have been used as a traditional Ayurvedic tonic in India for many years and are commonly used today for their benefits in managing occasional stress and anxiousness.[‡]

HOW TO USE:

Add approximately 2 heaping teaspoons to 8oz hot water or your favorite milk, stir well & enjoy. Or serve with ice for a delicious cold chocolate drink. One serving per day.



✓ Organic ✓ Gluten Free ✓ Vegan ✓ Kosher