# Supplement Facts

Serving Size 8 grams (approx. 2 heaping teaspoons) Servings Per Container About 30

	Amount Per Serving	%DV*
Calories	25	
Total Fat	0g	0%*
Total Carbohydrates	6g	2%*
Total Sugars	2g	
Includes 2g Added Sugars		4%*
Protein	<1g	<2%*
Sodium	40mg	2%*
Potassium	100mg	2%*
Certified Organic Proprietary	1222	

Organic Lion's Mane (*Hericium erinaceus*) mycelial biomass & fruit body, Organic Cordyceps (*Cordyceps militaris*) mycelial biomass & fruit body, Organic Reishi (*Ganoderma lucidum*) mycelial biomass & fruit body, and Organic Chaga (*Inonotus obliquus*) mycelial biomass & primordia.

	170	
Caffeine (Naturally Occurring)	116mg	†
Organic Astragalus Powder	100mg	†

\*Percent Daily Values (DV) are based on a 2,000-calorie diet. † Daily Value (DV) Not Established

Other Ingredients: Organic Maple Sugar Powder, Organic Coffee Powder (made with 100% Arabica coffee), Organic Gum Acacia, Organic Vanilla Flavor, Sea Salt, Organic Monk Fruit Extract, Organic Myceliated Oats.

Total caffeine content per 30 serving container = 30 x 116 = 3,480mg Made without eggs, dairy, fish, crustacean shellfish, tree nuts, wheat, soy or gluten. Manufactured in a facility that also processes egg, milk, soy and tree nuts.

Take as directed. If you have a medical condition, are on medication or are pregnant or nursing, please seek the direction of a qualified health care professional before using. Store in a cool, dry place.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Produced for: M2 Ingredients, Carlsbad, CA 92008 Distributed by: Om Mushroom Superfood, 5931 Priestly Dr. #101, Carlsbad, CA 92008



Mushroom Powder Blend









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MUSHROOM SUPERFOOD

# **MUSHROOM** COFFEE LATTE BLEND

FOCUS\* : IMMUNITY\* : ENERGIZE\*

ENERGIZING COFFEE LATTE BLEND WITH LION'S MANE, CORDYCEPS, REISHI,



# **Powerful Superfoods.**

Shade grown, 100% organic Arabica Coffee produced in small batches and blended into a smooth delicious latte. Combined with organic Lion's Mane, Cordyceps, Reishi and Chaga superfood mushrooms, plus Astragalus for energy and vibrant health.\*

Each serving of Om Mushroom Coffee Latte Blend contains 2,000mg of certified organic whole food mushroom powder with a full spectrum of nutrients.

#### LION'S MANE - The Smart Mushroom

Helps support memory, focus, nerve health, creativity and mood.\*

#### CORDYCEPS - Performance Mushroom

Originally discovered and used by Tibetan herdsmen at high altitudes to help support physical energy, vitality, stamina and endurance.‡

## REISHI - 'Shroom Away Stress

An adaptogen revered by traditional herbalists for its ability to help the body cope with everyday physical and mental stress by restoring balance and immune health #

## CHAGA - The Mushroom of Youth

A polyphenol powerhouse that helps outsmart free radicals to support immunity and promote healthy aging at any age.\*

### ASTRAGALUS - Energy Tonic

Considered to be one of the most important herbs in traditional Chinese medicine with many benefits including use as an energy tonic.#

#### HOW TO USE:

Add approximately 2 heaping teaspoons to 8oz hot water or your favorite milk, stir well & enjoy. Or serve cold for a delicious iced coffee. One serving per day.



✓ Organic ✓ Gluten Free ✓ Vegan ✓ Kosher