

meijer®

**HERBAL**  
**valerian**  
**root extract**  
**125 mg**

**DIETARY SUPPLEMENT**

**GENERAL HEALTH**

This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

**100 Capsules**



**Supplement Facts**

Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value
Valerian root extract <i>(Valeriana officinalis)</i>	4:1** 125 mg	*

\*Daily Value not established

**Other Ingredients:** Capsules (gelatin, water, rice flour, silica and magnesium stearate).

\*\* (Equivalent to 500 mg of Valerian root powder)  
Valerian is a perennial herb that is harvested in its natural environment in India and Western Asia. The pungent root has been used since ancient times.

Questions or Comments? 1-800-879-8623  
DIST. BY MEIJER DISTRIBUTION, INC.  
GRAND RAPIDS, MI 49544  
www.meijer.com

No sugar, salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take one (1) capsule, two (2) to six (6) times daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

**CAUTION:** Do not drive, operate machinery, or consume alcohol when taking this product.

**Keep out of reach of children.**  
**NATURAL COLOR VARIATIONS**  
**MAY OCCUR IN THIS PRODUCT.**



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