

- + joint health formula\*
- + supports joint structure, function & mobility\*
- + significantly improves post-exercise recovery\*

Youtheory® Joint Complex is an advanced nutritional formula that blends botanical extracts with bioactive collagen peptides. At its core is UC-II®: a patented type 2 collagen complex that is clinically-studied for its powerful joint benefits.\* A small but effective dose of UC-II® can support an active and healthy lifestyle.\*



# joint complex

with **UC-II** | *type 2 collagen*

**60 tablets**

*dietary supplement*



**Suggested Use:** (Adults) Take two (2) tablets once per day.

## Supplement Facts

Serving Size: 2 tablets  
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Collagen Peptides	600 mg	**
<b>Proprietary Botanical Blend</b>	200 mg	**
Boswellia (Indian Frankincense) (gum) extract		
Ginger (root) extract		
Turmeric (rhizome) ( <i>Curcuma longa</i> ) extract		
UC-II® Standardized Cartilage†	40 mg	**
Total Collagen	10 mg	**
**Daily Value not established		

**Other Ingredients:** Microcrystalline cellulose, calcium carbonate, stearic acid, dicalcium phosphate, croscarmellose sodium, magnesium stearate (vegetable source), potassium chloride (stabilizer).

This product is manufactured in a facility that processes fish extracts.

**Usage Warnings:** Check with your doctor before using this product if you are taking medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake. Not intended for persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool and dry place after opening.

†UC-II® and logo are trademarks of Lonza or its affiliates.

manufactured by:  
**nutrawise®**

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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