



"At Nutrition53, we collaborated with the top doctors, scientists and nutritionists in the world to deliver the highest quality nutritional products that perform for you. It is our promise and commitment to help you every step of the way towards achieving your active, healthy lifestyle."

Bill Romanowski, *Bill Romanowski*
Nutrition53 Founder and Four Time Super Bowl Champion



100% Vegan, Nutritious with Amazing Taste!

Get balanced nutrition to look and feel your best with the Vegan™ Nature's Protein Shake. You'll love the incredible taste, the energy, and the convenience of getting the nutrients and protein your body needs in a convenient 100% Vegan shake.

HOW TO USE Vegan™

- 1 Increase Protein Intake. Add 1-2 Shakes a Day
- 2 For Performance, Before and After Workouts
- 3 For an In-Between Meal Healthy Snack Option
- 4 For a Delicious, Vegan Dessert Option



Certified Vegan Standard defines vegan as: no animal or animal by-products. It includes fish, bones, dairy, eggs, honey, fat, leather, wool, deer products, and cosmetics or chemical products tested on animals.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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100% ALL NATURAL*

100% naturally sweetened with stevia and organic cane sugar. There are no artificial flavors, colors and sweeteners.



HEALTHY DIGESTION†

5 grams of dietary fiber, probiotic blend, and active enzymes helps digestion. This product contains Aminogen® protease enzymes and Bacillus Coagulans.



LONG-LASTING ENERGY†

20 grams of optimally-blended, plant based proteins per serving. Our blend is derived from peas, potatoes and chickpeas.



10 FRUITS & VEGETABLES†

Whole food complex blend with apricot, pineapple, mango, carrot, raspberry, broccoli, cabbage, beet, spinach and orange.



ANTIOXIDANT PROTECTION†

22 essential vitamins and minerals per serving with elevated levels of key nutrients for antioxidant protection.



NATURAL • COMPLETE • BALANCED

Vegan1™

NATURE'S PROTEIN SHAKE



CHAI

Naturally Flavored



20g
PLANT-BASED
PROTEIN

10
FRUITS
VEGETABLES

22
VITAMINS &
MINERALS



- PROBIOTICS
- GLUTEN FREE
- NO DAIRY & SOY

NET WT 1.5 lbs. (675G) DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Scoops (48g)
Servings Per Container: 10

	Amount Per Serving	% Daily Value*
Calories	180	
Calories from Fat	45	
Calories from Saturated Fat	15	
Total Fat	5 g	10%**
Saturated Fat	1 g	20%**
Trans Fat	0 g	0%
Cholesterol	0 mg	0%
Total Carbohydrate	14 g	28%**
Dietary Fiber	5 g	20%**
Soluble Fiber	4 g	8%**
Insoluble Fiber	1 g	2%**
Sugars	8 g	16%**
Protein	20 g	40%**
Vitamin A	2500 IU	50%
Vitamin C	30 mg	50%
Vitamin D	400 IU	100%
Vitamin E	15 IU	50%
Thiamin	0.75 mg	50%
Riboflavin	0.85 mg	50%
Niacin	10 mg	50%
Vitamin B6	1 mg	50%
Folate	200 mcg	50%
Vitamin B12	1 mcg	100%
Biotin	100 mcg	50%
Phosphorus Acid	5 mg	50%
Iron	5 mg	50%
Iodine	75 mcg	50%
Zinc	7.5 mg	50%
Selenium	55 mcg	50%
Copper	1 mg	50%
Manganese	1 mg	50%
Chromium	60 mcg	50%
Molybdenum	0.1 mg	50%
Sodium	200 mg	4%
Potassium	100 mg	2%

* Percent Daily Values based on a 2,000 calorie diet.
** Daily Value not established.

INGREDIENTS: Protein Blend (Pea Protein Isolate, Potato Protein, Chlorella Protein), Organic Cane Sugar, Fiber Blend (Inulin (from Chicory), Bamboo Fiber, Pea Fiber, Flax Seed Powder, Apple Fiber), Sunflower Oil, Taurine, Natural Flavors, Vitamin Mineral Blend (Potassium Citrate, Sodium Citrate, Sea Salt, Sodium Ascorbate, Ferrous Fumarate, D-Alpha-Tocopheryl-Acetate, Sodium Sebacate, Biotin, Nicotinamide, Vitamin A, Palmitate, Zinc Oxide, Copper Gluconate, Vitamin D), Calcium D-Pantothenate, Manganese Sulfate, Folic Acid, Potassium Iodide, Pyridoxine Hydrochloride, Cyanocobalamin, Riboflavin, Thiamine Hydrochloride, Sodium Molybdate, Chromium Chloride, Medium Chain Triglycerides, Alkalized Cocoa Powder, Cinnamon Bark Powder, Whole Food Complex (Freeze Dried Raspberry, Dehydrated Carrot Powder, Freeze Dried Apricot, Freeze Dried Mango, Freeze Dried Pineapple, Orange Juice Powder, Dehydrated Broccoli, Dehydrated Cabbage, Dehydrated Beet, Dehydrated Spinach, Xanthan Gum, Green Coffee Bean Extract, Stevia Extract, Aminogen® Proprietary Process Enzyme Blend (Protease, Maltodextrin), Bacillus coagulans.

Aminogen® is a registered trademark of Amphos Nutrition, Inc. Manufactured in a plant that processes milk, soy, wheat and eggs.

BLENDER



Combine 2 scoops of Vegan1™ with 8-10 oz of cold water and 2 ice cubes. Blend for 1 minute. Enjoy!

SHAKER



Combine 2 scoops of Vegan1™ with 8-10 oz of cold water and 2 ice cubes. Shake for 1 minute. Enjoy!

GLASS



Combine 2 scoops of Vegan1™ with 8-10 oz of cold water and 2 ice cubes. Stir vigorously. Enjoy with a bit of extra fruit and a bit of honey!

PROPOSITIONS WARNING: This product can expose you to chemicals including lead which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.org.

Please visit our website at www.nutrition53.com to learn more about Prop 65 and how naturally occurring elements found in the ingredients of our products (spices, wheat proteins, etc.) affect testing results.



Made in USA

Manufactured by
Nutrition53, Inc., Valencia, CA 94401
For more product information, visit www.Nutrition53.com
or call us at 1-800-4-HEALTH (1-800-445-5823)



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