

Supplement Facts

Serving Size 8 grams (approx. 2 heaping teaspoons)

Servings Per Container 30

	Amount Per Serving	% DV
Calories	30	
Total Fat	1g	1%*
Sodium	21mg	1%*
Total Carbohydrates	5g	2%*
Dietary Fiber	1g	4%*
Total Sugars	1g	†
Includes 0g Added Sugars		0%*
Protein	1g	2%*
Vitamin D2 (from Organic <i>Agaricus bisporus</i>)	20mcg	100%
Calcium	36mg	3%

Certified Organic Mushroom Powder

Vitality, Focus & Immunity Blend

2g

†

Organic Cordyceps (*Cordyceps militaris*) mycelial biomass & fruit body, Organic Cordyceps (*Cordyceps sinensis*) mycelial biomass, Organic Lion's Mane (*Hericium erinaceus*) mycelial biomass & fruit body, Organic Chaga (*Inonotus obliquus*) mycelial biomass and primordia, Organic Reishi (*Ganoderma lucidum*) mycelial biomass & fruit body, Organic Turkey Tail (*Trametes versicolor*) mycelial biomass & primordia, and Organic King Trumpet (*Pleurotus eryngii*) mycelial biomass & fruit body.

Certified Organic Botanical Adaptogens

Energy & Focus Blend

918mg

†

Organic Maca Root Powder, Organic *Rhodiola Rosea* Root Extract

*Percent Daily Values (DV) are based on a 2,000-calorie diet.

† Daily Value not established

Other Ingredients: Organic Vanilla Chai Spice Blend, Organic Carob Powder, Sea Salt, Organic Myceliated Oats.

Made without eggs, dairy, fish, crustacean shellfish, tree nuts, wheat, soy or gluten.

Manufactured in a facility that also processes egg, milk, soy and tree nuts.

Take as directed. If you have a medical condition, are on medication or are pregnant or nursing, please seek the direction of a qualified health care professional before using. Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Produced for: M2 Ingredients, 5931 Priestly Dr. #101, Carlsbad, CA 92008

Distributed by: Om Mushroom Superfood,

5931 Priestly Dr. #101, Carlsbad, CA 92008



CERTIFIED KOSHER
BY EARTH KOSHER



*See Supplement Facts



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Powerful Superfoods.

Enjoy coffee-free Morning Energy Blend and get a good start to your day. It's an adaptogen super blend of whole food functional mushrooms, fatigue-fighting, mood-boosting botanicals, 100% daily value of Vitamin D, often called the "sunshine vitamin" and vanilla chai spices for energy and vibrant health.†

Each serving of Om Mushroom Morning Energy Blend contains 2,000mg of certified organic whole food mushroom powder with a full spectrum of nutrients.

Superfood Adaptogen Blend.

CORDYCEPS - Performance Mushroom

Originally discovered and used by Tibetan herdsman at high altitudes to help support physical energy, vitality, stamina and endurance.†

LION'S MANE - The Smart Mushroom

Helps support memory, focus, nerve health, creativity and mood.†

CHAGA - The Mushroom of Youth

A polyphenol powerhouse that helps outsmart free radicals to support immunity and promote healthy aging at any age.†

REISHI - 'Shroom Away Stress

An adaptogen revered by traditional herbalists for its ability to help the body cope with everyday physical and mental stress by restoring balance and immune health.†

TURKEY TAIL - Comprehensive Immune Support

A vegan mushroom with immune supporting benefits. One of the most researched functional mushrooms for its powerful polysaccharides.†

KING TRUMPET - Master Antioxidant

Contains master antioxidant L-Ergothioneine, a naturally occurring amino acid found only in a few sources.†

MACA & VITAMIN D - Energy & Mood Booster

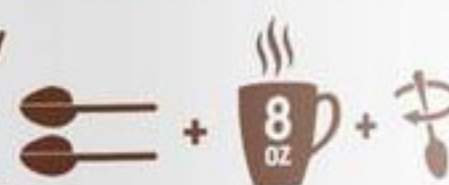
An adaptogenic herb that helps you feel awake & energized without the jittery crash of caffeine, and Vitamin D, often called the "sunshine vitamin."†

RHODIOLA ROSEA - Energy & Focus

A popular adaptogen used to help with fatigue, mood and focus.†

HOW TO USE: Add approximately

2 heaping teaspoons to 8oz hot water or your favorite milk, stir well & enjoy. One serving per day.



✓ Organic ✓ Vegan ✓ Kosher ✓ Gluten Free ✓ Caffeine Free