



MUSHROOM
SUPERFOOD
Om

7G
PROTEIN
PER SERVING

MIGHTY MUSHROOM BROTH

NOURISH[†] SUSTAIN[†] FOCUS[†]

REAL MUSHROOM BROTH + THE POWER OF
SUPERFOOD MUSHROOMS SHIITAKE, MAITAKE,
TURKEY TAIL, REISHI, LION'S MANE & KING TRUMPET



DIETARY SUPPLEMENT POWDER

10 - 15g (0.53oz) Packets Net Wt 150g (5.29oz)

DIRECTIONS FOR USE:

ADD ONE PACKET TO 8 OZ HOT WATER,
STIR WELL, ENJOY & FEEL OM-AZING!



10 BROTH POWDER PACKETS



MUSHROOM
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ORGANIC & NATURALLY NUTRITIOUS

Organic whole food, functional mushrooms - Shiitake, Maitake, Turkey Tail, Reishi, Lion's Mane and King Trumpet - plus herbs, spices and veggie protein combine nutrient density with delicious flavor

A good source of complete protein - contains all 22 amino acids, the body's building blocks

Packed with Branched Chain Amino Acids, such as Leucine, for lean body mass in combination with regular exercise[†]

Helps support joints, bones, skin, hair, nails,
digestive and gut health, and immune health[†]



Supplement Facts

Serving Size: 1 powder packet
Servings Per Container: 10

	Amount Per Serving	%DV*
Calories	50	
Total Fat	9g	13%*
Total Carbohydrate	5g	2%*
Dietary Fiber	<1g	2%*
Total Sugars	<1g	0%
Includes 0g Added Sugars		0%
Protein	7g	14%
Sodium	462mg	19%
Potassium	47mg	1%*

Certified Organic Proprietary Mushroom Powder Blend	3.61g	†
Organic Shiitake (Lentinula edodes) mycelial biomass & fruit body, Organic Maitake (Grifola frondosa) mycelial biomass & primordia, Organic Turkey Tail (Trametes versicolor) mycelial biomass & primordia, Organic Reishi (Ganoderma lucidum) mycelial biomass & fruit body, Organic Lion's Mane (Hericium erinaceus) mycelial biomass & fruit body, and Organic King Trumpet (Pleurotus eryngii) mycelial biomass & fruit body.		

*Percent Daily Values (DV) are based on a 2,000-calorie diet.

† Daily Value (DV) Not Established

Other Ingredients: Organic Pea Protein, Organic Herb & Spice Blend, Organic Gum Acacia, Sea Salt, Organic Apple Cider Vinegar, Organic Myceliated Oats.

Made without eggs, dairy, fish, crustacean shellfish, tree nuts, wheat, or gluten. Manufactured in a facility that also processes egg, milk, soy and tree nuts.



[†]These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat or prevent any disease.

Take as directed. If you have a medical condition, are on medication or are pregnant or nursing, please seek the direction of a qualified health care professional before using. Store in a cool, dry place.

Produced by: M2 Ingredients, Carlsbad, CA 92008

Distributed by: Om Mushroom Superfood,

5931 Priestly Dr. #101, Carlsbad, CA 92008



CERTIFIED ORGANIC
BY ORGANIC CERTIFIERS



CERTIFIED KOSHER
BY EARTH KOSHER

@OmMushrooms &
OmMushrooms.com



REV# 61050-002

MUSHROOM
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THE SUPERFOODIE OF SUPERFOODS

We grow organic superfood mushrooms at our indoor farm in California and capture the complete nutritional value of the whole food mushrooms. This is important because functional whole food mushrooms provide a full spectrum of active compounds to support optimal health.[‡] In fact, they contain many unique bioactive nutrients that can't be found in animal or plant sources alone.

Each serving of Om Mighty Mushroom Broth contains more
than 2,000mg of Certified Organic Mushroom Powder

UNIQUE COMBINATION OF SHIITAKE, MAITAKE, TURKEY TAIL,
REISHI, LION'S MANE, & KING TRUMPET

Supports memory, focus, clarity, nerve health, and gut and immune health[†]
Helps with management of occasional physical and mental stress[†]
Helps outsmart free radicals and support healthy aging[†]

EASY TO USE, FILLING & DELICIOUS

Great for satisfying hunger anytime, anywhere, fueling pre or post
workout, supporting health, and for low carb, and Vegan diets.



Scan code to
learn more



[‡]See Supplement Facts