



Om

MUSHROOM SUPERFOOD

MAITAKE

SUPPORTS
WEIGHT & BLOOD SUGAR MANAGEMENT[‡]

CERTIFIED ORGANIC
MUSHROOM POWDER

DIETARY SUPPLEMENT



NET WT. 200 GRAMS (7.05 OZ)

THE SUPERFOODIE OF SUPERFOODS.

Mushrooms contain many unique bioactive nutrients that can't be found in plant or animal sources alone. Each serving of Om provides 2,000mg of Certified Organic Mushroom Powder Blend.

Mushroom Your Microbiome.
Functional Without Anything Funky Added.
No Nutrients Left Behind.

MAITAKE

YOUR WEIGHT MATE.

Maitake is a well-researched functional mushroom. Used by traditional herbalists to help with weight management and blood sugar support, it's a naturally potent source of polysaccharides that help promote gut health. Maitake is especially effective when combined with a calorie-controlled diet and regular exercise. It's your weight mate.[‡]

Tested for heavy metals.

Complete transparency ID testing.

WE GROW OUR OM.

We grow a diverse range of organic mushroom species at our indoor farm in California and capture the complete nutritional value of the growing cycle. Whole food mushrooms are important because they provide a full spectrum of active compounds to support optimal health.[‡] So you can bet your beta glucans they're effective.

♀ What's a beta glucan? Find out at OmMushrooms.com

[‡]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Take as directed. If you have a medical condition, are on medication or are pregnant or nursing, please seek the direction of a qualified health care professional before using. Store in a cool, dry place.

[‡]See Supplement Facts



Supplement Facts

Serving Size 2 grams (approx. 1 tsp)
Servings Per Container 100

	Amount Per Serving	% Daily Value [†]
Calories	10	
Certified Organic Mushroom Powder Blend	2g	†
Organic Maitake (<i>Grifola frondosa</i>) mycelial biomass & primordia.		
[†] Daily Value (DV) Not Established		

Other Ingredients: Organic Myceliated Oats.

SCOOP. STIR. OMMM YOUR DAILY RITUAL.

Add 2 grams (approx. 1 tsp) daily to super your smoothie, mushroom your matcha, boost your coffee and nourish your recipes. For optimal support, take 4 grams (approx. 2 tsp) per day.



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