



MELATONIN

GABA

VALERIAN ROOT

L-THEANINE

ASHWAGANDHA



SLEEP
SUPPORT[†]



SLEEP
SUPPORT[†]

Qunol[®] Sleep
Support[†], with
5 ingredients in 1,
helps you fall asleep
faster[†], stay asleep[†]
and wake up
refreshed[†].

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for details

11611C60-4000-01 REV 022521



60
CAPSULES

DIETARY SUPPLEMENT

Helps you get to sleep fast[†] ✓

Wake up refreshed[†] ✓

Qunol[®] Sleep Support[†],
with **5 ingredients in 1**, helps you fall
asleep faster[†], stay asleep[†] and wake up refreshed[†].

DIRECTIONS: For adults, take one (1) capsule 30 minutes before bedtime.

Supplement Facts

Serving Size 1 Capsule
Servings per Container 60

	Amount per Serving	% Daily Value*
Proprietary Blend: Valerian Root Extract (0.8% Valerenic Acids), Ashwagandha Extract (leaves and roots) <i>Withania Somnifera</i> , Chamomile Extract (Flower)(4:1), Lemon Balm Extract (Leaf) (4:1), <i>Lavandula angustifolia</i> Powder Extract (Flower) (10:1)	400 mg	**
GABA (4-Aminobutyric acid)	100 mg	**
L-Theanine	100 mg	**
Melatonin XR (Melatonin, palm oil, hydroxypropyl methylcellulose and sunflower lecithin)	5 mg	**

*Percent of Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: Hydroxypropyl methylcellulose (HPMC) capsule,
magnesium stearate, colloidal silicon dioxide.

Manufactured for and distributed by Quten Research Institute, LLC.
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ALLERGENS: Processed in a facility that also processes fish, nut and soy ingredients.

WARNING: KEEP OUT OF REACH OF CHILDREN. TAMPER RESISTANT

If you are pregnant, nursing, taking medication or have any medical condition, seek
the advice of a healthcare professional before using this product. Do not drive,
operate machinery, or consume alcohol when taking this product. Not intended for
use by persons under the age of 18. Avoid this product if adverse reactions occur.

Manufactured and packaged in a cGMP certified USA facility with USA and
imported ingredients.

Qunol[®] is a registered trademark of Quten Research Institute, LLC

Money Back Guarantee. Terms & Conditions Apply. See [Qunol.com](https://qunol.com)

[†] These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.