

Suggested Use:  
Take 1/2 ml three times daily or  
as instructed.  
Shake Well Before Using.

5:1 Extraction Ratio:  
5000 mg of Black Cohosh  
Root yielding 1000 mg extract.

Pregnant or lactating women,  
diabetics, hypoglycemics, and  
people with known medical  
conditions and/or taking drugs  
should consult with a licensed  
physician and/or pharmacist  
prior to taking dietary  
supplements. Do not use if  
safety seal is damaged or broken.

Lot Number  
Best By Date



# Black Cohosh Root Extract

*Actaea racemosa*  
Dietary Supplement  
Net Contents: 2 fl oz (60 ml)

Supplement Facts
Serving Size 1/2 ml
Servings Per Container 120

Amount Per Serving %DV
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Black Cohosh Root Extract 16 mg*
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* Daily Value not established
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Other Ingredients:  
Vegetable Glycerin (from Palm),  
Purified Water, Propylene Glycol.

Greenbush Natural Products  
Scottsdale, AZ 85251  
[www.greenbush.net](http://www.greenbush.net)  
[info@greenbush.net](mailto:info@greenbush.net)

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
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