

Suggested Use:
Take 1/2 ml three times daily or
as instructed.
Shake Well Before Using.

1:1 Extraction Ratio: 2000 mg of
Ashwagandha Plant Dry Herb Equivalent

Pregnant or lactating women,
diabetics, hypoglycemics, and
people with known medical
conditions and/or taking drugs
should consult with a licensed
physician and/or pharmacist
prior to taking dietary
supplements. Do not use if
safety seal is damaged or broken.

Lot Number 211262
Best By Date 04/2025



Ashwagandha Whole Plant Extract

Alcohol Free

Withania somnifera

Dietary Supplement

Net Contents: 3.98 fl oz (118 ml)

Supplement Facts

Serving Size 1/2 ml (15 drops)
Servings Per Container 240

Amount Per Serving %DV

Ashwagandha Plant Extract 400 mg*

* Daily Value not established

Other Ingredients:
Vegetable Glycerin (from Palm),
Purified Water.

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These statements have not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure or
prevent any disease.