

PLANETARY[®]

HERBALS

FREEZE-DRIED STINGING NETTLES

HERBAL RESPIRATORY SUPPORT*

420 MG • 120 TABLETS

HERBAL SUPPLEMENT
Formulated by
Michael Tierra L.Ac, O.M.D.

Michael Tierra

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%DV
Total Carbohydrate	1 g	<1%*
Dietary Fiber	1 g	4%*
Calcium (as dibasic calcium phosphate)	33 mg	3%
Freeze Dried Stinging Nettles	420 mg	†
*Percent Daily Values (%DV) are based on a 2,000 calorie diet.		
†Daily Value not established.		

Other ingredients: microcrystalline cellulose, dibasic calcium phosphate, stearic acid, modified cellulose gum, silica, and magnesium stearate.

Suggested Use: 1 tablet twice daily between meals.

Dried nettle leaf is traditionally used as a tonifier. When carefully freeze dried, additional properties are preserved which support the respiratory system. *In vitro* research of these constituents show partial inhibitory effects on the biosynthesis of arachidonic acid and leukotrienes.*

STORE IN A COOL, DRY PLACE.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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FG-111619 BEST IF USED BY 4 25

Manufactured for:
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