

# PLANETARY®

## HERBALS

### FULL SPECTRUM™

# VITEX EXTRACT

SUPPORTS WOMEN'S HORMONE REGULATION\*  
500 MG • 60 TABLETS

HERBAL SUPPLEMENT

Approved by  
Michael Tierra L.Ac, O.M.D.

*Michael Tierra*

## Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Calcium (as dibasic calcium phosphate & naturally occurring)	43 mg	3%
Chaste Tree Berry	375 mg	†
Chaste Tree Berry Extract (0.5%) Yielding minimum 625 mcg Agnusides	125 mg	†

†Daily Value not established.

Other ingredients: dibasic calcium phosphate, silicified microcrystalline cellulose, stearic acid, modified cellulose gum, and silica.

**Directions:** 1 tablet twice daily. Take throughout the month, except during menstruation.

STORE IN A COOL, DRY PLACE.

**WARNING:** Do not use if you are pregnant, may become pregnant, or breastfeeding.

Planetary Herbals FULL SPECTRUM™ VITEX EXTRACT combines a standardized extract of chaste tree berries, concentrated to 0.5% agnusides, with whole berries. Vitex modifies the effect of the hypothalamus and pituitary glands. This helps regulate and balance female hormone production. Combining the extract with the whole berry insures that the full spectrum of vitex compounds are included.\*

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:  
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