

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

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FPO

GNC

Folic Acid

400 MCG

Supports healthy fetal development*

Required for proper red blood
cell formation*

DIETARY SUPPLEMENT
100 VEGETARIAN TABLETS

CODE 256028

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Directions: As a dietary supplement, take one or two tablets daily. Daily folic acid intake should not exceed 1000 mcg.

Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value for adults and children 4 or more years of age	% Daily Value for pregnant and lactating women	
Folic Acid	400 mcg	100%	50%

Other Ingredients: Dextrose, Whole Brown Rice Powder (Oryza sativa).

Adequate folate in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord defect.

No Preservatives, Sodium Free, No Soy, No Artificial Colors, No Wheat, No Dairy, No Artificial Flavors, No Gluten, Yeast Free.

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: