



50
SERVINGS

Om[®]

FIT

SUPPORTS

TRAINING[‡] ENERGY[‡] PERFORMANCE[‡]

CERTIFIED ORGANIC MUSHROOM POWDER

DIETARY SUPPLEMENT



GLUTEN FREE



VEGAN



GROWN IN USA

NET WT. 100 GRAMS (3.5 OZ)



KETO-FRIENDLY



PALEO-FRIENDLY



KOSHER

THE SUPERFOODIE OF SUPERFOODS.

Mushrooms contain many unique bioactive nutrients that can't be found in plant or animal sources alone. Each serving of Om provides 2,000mg of Certified Organic Mushroom Powder Blend.

Mushroom Your Microbiome.
Functional Without Anything Funky Added.
No Nutrients Left Behind.

FIT

THE FUEL OF FIT.

Fit is fuel for the athlete. Designed for performance, this power blend checks off your training needs. Cordyceps has traditionally been used for energy and vitality. Lion's Mane helps support focus and clarity. Reishi helps your body adapt to physical and mental stressors and elevates mood. Fitness never felt so good. Power to the 'shrooms.[‡]

Tested for heavy metals.

Complete transparency ID testing.

WE GROW OUR OM.

We grow a diverse range of organic mushroom species at our indoor farm in California and capture the complete nutritional value of the growing cycle. Whole food mushrooms are important because they provide a full spectrum of active compounds to support optimal health.[‡] So you can bet your beta glucans they're effective.

♀ What's a beta glucan? Find out at Ommushrooms.com

Supplement Facts

Serving Size 2 grams (approx. 1 tsp)
Servings Per Container 50

	Amount Per Serving	% Daily Value [†]
Calories	10	
Certified Organic Fit Mushroom Powder Blend	2g	†
Organic Cordyceps (<i>Cordyceps militaris</i>) mycelial biomass & fruit body, Organic Cordyceps (<i>Cordyceps sinensis</i>) mycelial biomass, Organic Reishi (<i>Ganoderma lucidum</i>) mycelial biomass & fruit body, and Organic Lion's Mane (<i>Hericium erinaceus</i>) mycelial biomass and fruit body.		

[†]Daily Value (DV) Not Established

Other Ingredients: Organic Myceliated Oats.

SCOOP. STIR. OMMM YOUR DAILY RITUAL.

Add 2 grams (approx. 1 tsp) daily to super your smoothie, mushroom your matcha, boost your coffee and nourish your recipes. For optimal support, take 4 grams (approx. 2 tsp) per day.



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[‡]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Take as directed. If you have a medical condition, are on medication or are pregnant or nursing, please seek the direction of a qualified health care professional before using. Store in a cool, dry place.

[‡]See Supplement Facts



PACKAGED WITH
RECYCLED MATERIALS



CERTIFIED ORGANIC
BY ORGANIC CERTIFIERS



CERTIFIED KOSHER
BY EARTH KOSHER



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