PLANETARY XHERBALSX

FULL SPECTRUM™ St. John's Wort EXTRACT

STANDARDIZED TO 0.3% HYPERICINS FOR EMOTIONAL WELL-BEING* 600 MG • 60 TABLETS

> HERBAL SUPPLEMENT Approved by

Michael Tierra L.Ac, O.M.D.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving Calcium (as dibasic calcium phosphate 31 mg & naturally occurring) St. John's Wort Aerial Parts 500 mg (Hypericum perforatum) Standardized Extract 0.3% Yielding 1.5 mg Hypericins

St. John's Wort Aerial Parts Extract †Daily Value not established.

Other ingredients: dibasic calcium phosphate, modified cellulose gum, stearic acid, silica, and magnesium stearate.

100 mg

Suggested Use: 1 tablet twice daily. 1 in the morning and 1 in the evening.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

St. John's wort has become one of the primary botanicals used to support mental well-being. Planetary Herbals FULL SPECTRUM™ ST. JOHN'S WORT EXTRACT combines an extract standardized to hypericins with an extract of St. John's wort aerial parts. Each tablet yields a minimum of 1.5 mg hypericins.*

WARNING: Do not use this product while taking any medication or if you have a medical condition, without the advice of your physician or pharmacist. St. John's wort is known to interfere with many prescription and non-prescription drugs, including oral contraceptives. antibiotics, antidepressants, anticoagulants, antihistamines, immunosuppressants, corticosteroids, diabetes drugs, antiviral, antiseizure, anticancer and cardiovascular drugs. It may also cause Increased photosensitivity; limit exposure to UV radiation. If you are pregnant, may become pregnant, or breastfeeding, consult your healthcare professional before using this product.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:

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