Serving Size 2 Tablets Servings Per Container 60

## **Amount Per Serving %DV**

Calcium (as dibasic calcium phosphate & naturally occurring)

## Proprietary Blend:

1.12 q

Dong Quai Root, Bai-Zhu Atractylodes Rhizome, Chinese Peony Root, Poria Sclerotium, Ginger Root Extract, Licorice Root Extract, Chinese Mint Aerial Parts, and Bupleurum Root Extract.

†Daily Value not established.

Other ingredients: dibasic calcium phosphate, stearic acid, modified cellulose gum, and silica.

Suggested Use: 2 tablets twice daily between meals.

WARNING: Do not use if you are pregnant, may become pregnant, or breastfeeding. If you are taking Interferon or any other prescription drug, consult your physician before using this product.

Planetary Herbals BUPLEURUM CALMATIVE COMPOUND™ is based on a classic Chinese herbal preparation (Xiao Yao Wan) which has been known under various names, such as "Relaxed Wanderer" and "Free and Relaxed Pills". It was developed in the Song Dynasty (960-1279) almost 875 years ago. Especially useful for premenstrual and menopausal ups and downs, it has remained one of Chinese \$00\$ herbalism's most valued formulas for supporting a calm state of emotional well-being.

STORE IN A COOL DRY PLACE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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FG-108441 BEST IF USED BY 10 24

## XHERBALSX BUPLEURUM CALMATIVE Compound™

PLANETARY°

CHINESE CLASSIC FOR SUPPORTING A CENTERED CALMNESS\*

560 MG • 120 TABLETS

HERBAL SUPPLEMENT Formulated by Michael Tierra L.Ac, O.M.