



5g BCAA's per serving
Electrolytes for hydration
Citrulline for blood flow

NON
GMO

GLUTEN
FREE

SOY
FREE

DAIRY
FREE

Suggested Use: Mix 2-4 scoops (as recommended below) in 16 oz of cold water 30 min before AND 2-4 scoops in 16oz of cold water during workout or as recommended by your fitness professional.

Recommended Dosing: Adults under 150lbs: 2 scoops. Adults between 150-200lbs: 3 scoops. Adults over 200lbs: 4 scoops

If pregnant or lactating, consult your healthcare practitioner prior to using. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Store in a cool dry place at room temperature.



Body Systems Labs (BSL) Nutrition is focused on creating comprehensive products to meet the nutritional needs of athletes at any level. We use pure ingredients and natural flavors you can trust.

Manufactured for: Body Systems Labs
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COMPLETE ESSENTIALS

ESSENTIAL AMINO ACID TRAINING FORMULA

Muscle Growth & Recovery
Increased Energy
Fat Burning



Grape

FREE OF
Caffeine and
Artificial
Sweeteners

DIETARY SUPPLEMENT

NET WT. 17.28 OZ (490G)

Complete Essentials-Grape

Supplement Facts

Serving Size - Two rounded (8.75 g) scoops contain:

Servings Per Container: Approx. 28

	Amount Per Serving	%Daily Value
Calories	44	
Total Carbohydrate	3 g	
Sugars	3 g	
Vitamin C (Ascorbic Acid)	150 mg	250%
Vitamin B6	2.5 mg	125%
Magnesium Malate	125 mg	31.25%
Sodium Citrate	13.86 mg	0.58%
Potassium Citrate	100 mg	2.86%
Essential Amino Acid Blend		
BCAA 2:1:1 (Leucine: Isoleucine: Valine)	5000 mg	
L-Lysine	1250 mg	
L-Threonine	750 mg	
L-Histidine	500 mg	
L-Phenylalanine	250 mg	
L-Methionine	125 mg	
L-Tyrosine	60 mg	
L-Tryptophan	40 mg	
Synergistic Workout Nutrients		
Citrulline Malate	2000 mg	
L-Aspartic Acid	1000 mg	
L-Carnitine	500 mg	
Betaine (as Trimethylglycine)	500 mg	

Other Ingredients: Organic Cane Sugar, Natural Grape Flavor, Beet Juice (for color), Silicon Dioxide (natural anti-caking), Stevia Rebaudiana Leaf Extract, Talin.

Formulated to Exclude: Wheat, Gluten, Egg, Dairy Products, Nuts, Tree Nuts, Fish, Shellfish, Soy, Corn, Colors, Artificial Flavors, Artificial Sweeteners and Preservatives.

BSLnutrition.com

PURE SCIENCE. PROVEN RESULTS.