store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations: 1 teaspoon 2 to 3 times daily with food or as directed by your healthcare professional.

Warning: If pregnant, consult your physician before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN (WHEAT, RYE, BARLEY)†, MILK/DAIRY (CASEIN, WHEY)†, SOY PROTEIN†, EGG PROTEIN†, SUGAR.
†VERIFIED BY INDEPENDENT TESTING

TRIGLYCERIDE FORM/MOST BIOAVAILABLE
Triple Molecular Distilled

Nitrogen packed for stability
Product of Norway
Made from Herring, Sardines, and Anchovies

Raw materials and finished products are independently tested by U.S. labs.
Learn more at vitalnutrients.net

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REFRIGERATE AFTER OPENING

VITAL NUTRIENTS

Ultra Pure Fish Oil 1400

Pharmaceutical Grade

lemon flavor

DIETARY SUPPLEMENT

200ml

Supplement Facts

serving size: 1 teaspoon (5ml)
servings per container: 40

	amount per serving	% daily value
Calories	40	
Calories from Fat	40	
Total Fat	4.5g	7%†
Saturated Fat	1g	5%†
Polyunsaturated Fat	2g	*
Monounsaturated Fat	1g	*
Cholesterol	15mg	5%
Total Omega 3 Fats	1400-1700mg**	*
** (Triglyceride Form)		
EPA (eicosapentaenoic acid)	740-825mg	*
DHA (docosahexaenoic acid)	460-550mg	*
Other Omega 3 Fatty Acids	200-325mg	*

† Percent Daily Values are based on a 2000 calorie diet
* Daily Value not established

Other Ingredients: Natural Lemon Flavor, Antioxidant Blend (rosemary leaf extract, ascorbyl palmitate, and natural tocopherols).

manufactured for
VITAL NUTRIENTS
45 KENNETH DOXEY DRIVE
MIDDLETOWN, CT 06457 USA

REV. 2.16