

meijer®

Compare to Centrum®
SILVER® Women 50+
ingredients†

WOMEN 50+ complete multivitamin

MULTIVITAMIN/MULTIMINERAL SUPPLEMENT

COMPREHENSIVE NUTRITIONAL SUPPORT

This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

200 Tablets



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (Acetate, 29% as Beta-Carotene)	1,050 mcg 117%	Iron (as Ferrous Fumarate)	8 mg 44%
Vitamin C (as Ascorbic Acid)	100 mg 111%	Phosphorus (as Dicalcium Phosphate)	20 mg 2%
Vitamin D ₃ (as Cholecalciferol)	25 mcg (1,000 IU) 125%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	15.8 mg 105%	Magnesium (as Magnesium Oxide)	100 mg 24%
Vitamin K (as Phytonadione)	50 mcg 42%	Zinc (as Zinc Oxide)	15 mg 136%
Thiamin (as Thiamin Mononitrate, B-1)	1.1 mg 92%	Selenium (as Sodium Selenate)	22 mcg 40%
Riboflavin (Vitamin B-2)	1.1 mg 85%	Copper (as Copper Sulfate)	0.5 mg 56%
Niacin (as Niacinamide)	14 mg 88%	Manganese (as Manganese Sulfate)	2.3 mg 100%
Vitamin B-6 (as Pyridoxine HCl)	5 mg 294%	Chromium (as Chromium Picolinate)	52 mcg 149%
Folate	667 mcg DFE 167% (400 mcg Folic Acid)	Molybdenum (as Sodium Molybdate)	50 mcg 111%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 2,083%	Chloride (as Potassium Chloride)	72 mg 3%
Biotin	30 mcg 100%	Potassium (as Potassium Chloride)	80 mg 2%
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg 100%	Lutein	300 mcg **
Calcium (as Calcium Carbonate & Dicalcium Phosphate)	300 mg 23%		

Other Ingredients: Cellulose, Starch, Stearic Acid. Contains <2% of: Artificial Colors (FD&C Blue #2 Carmine, FD&C Red #40), BHT, Citric Acid, Croscarmellose Sodium, Gelatin, Gum Acacia, Magnesium Silicate, Magnesium Stearate, PEG, Polyvinyl Alcohol, Silicon Dioxide, Titanium Dioxide.

†This product is not manufactured or distributed by New Pch, LLC, owner of the registered trademarks Centrum® Silver®.

No added yeast or
artificial flavors. Non-GMO

Suggested Use: As a dietary supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.



Questions or comments? 1-800-530-2178

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