

VALUE SIZE
300 TABLETS

meijer

Compare to Centrum®
Silver® Adults 50+†

complete multivitamin

MULTIVITAMIN/MULTIMINERAL SUPPLEMENT

**Comprehensive Nutritional
Support for ADULTS 50+**

300 Tablets



Heart
Health*



Brain
Health*



Eye
Health*



Whole Body
Health*

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A 750 mcg (40% as beta-carotene)	83%	Iodine 150 mcg	100%
Vitamin C 60 mg	67%	Magnesium 50 mg	12%
Vitamin D3 25 mcg (1000 IU)	125%	Zinc 11 mg	100%
Vitamin E 22.5 mg	150%	Selenium 19 mcg	35%
Vitamin K 30 mcg	25%	Copper 0.5 mg	56%
Thiamin 1.5 mg	125%	Manganese 2.3 mg	100%
Riboflavin 1.7 mg	131%	Chromium 50 mcg	143%
Niacin 20 mg	125%	Molybdenum 45 mcg	100%
Vitamin B6 3 mg	176%	Chloride 72 mg	3%
Folate 680 mcg DFE (400 mcg folic acid)	170%	Potassium 80 mg	2%
Vitamin B12 25 mcg	1042%	Silicon 2 mg	**
Biotin 30 mcg	100%	Vanadium 10 mcg	**
Pantothenic Acid 10 mg	200%	Lutein 250 mcg	**
Calcium 220 mg	17%	Lycopene 300 mcg	**
Phosphorus 20 mg	2%	**Daily Value (DV) not established.	

INGREDIENTS: Calcium Carbonate, Potassium Chloride, Dicalcium Phosphate, Magnesium Oxide, Ascorbic Acid, Gelatin, *d*-Alpha Tocopheryl Acetate, Microcrystalline Cellulose, Maltodextrin. Contains 2% or less of beta-carotene, biotin, calcium silicate, carnauba wax, cholecalciferol, chromium picolinate, croscarmellose sodium, crospovidone, cupric sulfate, cyanocobalamin, D-calcium pantothenate, FD&C blue no. 2 lake, FD&C red no. 40 lake, FD&C yellow no. 6 lake, folic acid, hydroxypropyl methylcellulose, lutein, lycopene, magnesium stearate, manganese sulfate, medium chain triglycerides, niacinamide,

phytonadione, polydextrose, polyethylene glycol, potassium iodide, pyridoxine hydrochloride, retinyl acetate, riboflavin, silica, sodium metavanadate, sodium molybdate, sodium selenate, stearic acid, thiamine mononitrate, titanium dioxide (color), zinc oxide.

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GRAND RAPIDS, MI 49544 www.meijer.com

Directions: Adults - One tablet daily with food as a dietary supplement.

Keep out of the reach of children.
Store at 15° - 30° C (59° - 86° F).

**SAFETY SEALED. DO NOT USE IF IMPRINTED SEAL
UNDER CAP IS CUT, TORN, OR MISSING.**

CAUTION: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

*This product is not manufactured or distributed by Wyeth Holdings LLC, owner of the registered trademarks Centrum® and Silver®.

Questions or comments? 1-866-927-5470

Tablet color may vary.



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FRESHNESS AND POTENCY
GUARANTEED THROUGH:

EXP08/21
300001

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