

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations

1 to 2 capsules 2 times daily or as directed by your healthcare professional.

Warning

If pregnant, consult your physician before taking.

EXCLUDES COATINGS, BINDERS, MILK/DAIRY (CASEIN, WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†], SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany

Raw materials and finished products are independently tested by U.S. labs.
Learn more at vitalnutrients.net

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



VITAL NUTRIENTS

Hormone Balance

Hormone Metabolism Support for Women and Men[†]

DIETARY SUPPLEMENT
120 CAPSULES

Supplement Facts

serving size: 2 capsules • servings per container: 60

	amount per serving	% daily value
Vitamin B6 (as pyridoxine HCl)	40mg	2000%
Folate (as L-5-MTHF) Metafolin*	200mcg	50%
Vitamin B12 (as methylcobalamin)	200mcg	3333%
Magnesium (as magnesium citrate)	24mg	6%
Diindolylmethane (DIM)	100mg	*
Broccoli Sprout Powder	100mg	*
SDG (secoisolariciresinol diglycoside)	54mg	*
from Flax Lignan Powder; 4 caps=2 tblsp of flaxseed powder		
Curcuma longa Rhizome Extract	100mg	*
(total Curcuminoids min. 85-90% by HPLC)		
Green Tea Leaf Extract 80%	50mg	*
Rosemary Leaf Extract	50mg	*
Black Pepper Fruit/Berry Extract	2.5mg	*
(Bioperine* piperine)		
Trans Resveratrol	10mg	*

* Daily Value not established

Other Ingredients: Gelatin Capsule, Cellulose, Ascorbyl Palmitate, and Silica

Contains: Gluten (from wheat, rye, or barley)

manufactured by
VITAL NUTRIENTS
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