

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN  
USE ONLY IF SAFETY SEAL IS INTACT

### Recommendations

1 to 3 capsules 2 to 4 times daily,  
ideally between meals, or as  
directed by your healthcare  
professional.

### Warning

If pregnant, consult your physician  
before taking.

**EXCLUDES** COATINGS, BINDERS, GLUTEN  
(WHEAT, RYE, BARLEY)<sup>†</sup>, MILK/DAIRY (CASEIN,  
WHEY)<sup>†</sup>, SOY PROTEIN<sup>†</sup>, EGG PROTEIN<sup>†</sup>,  
SUGAR.

<sup>†</sup>VERIFIED BY INDEPENDENT TESTING



VITAL  
NUTRIENTS

BCQ<sup>®</sup>

DIETARY SUPPLEMENT  
240 CAPSULES

## Supplement Facts

serving size: 3 capsules  
servings per container: 80

	amount per serving
Boswellia serrata Gum Extract (alpha & beta Boswellic acids min. 30% by HPLC)	600mg*
Bromelain (high potency)	300mg*
Curcuma longa Rhizome Extract (total Curcuminoids min. 85-90% by HPLC)	600mg*
Quercetin dihydrate (min. 90% by HPLC)	300mg*

\* Daily Value not established

Other Ingredients: Gelatin Capsule, Magnesium  
Silicate, Ascorbyl Palmitate, Cellulose, Silica, and  
Leucine.

manufactured by  
**VITAL NUTRIENTS**  
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