



Respiratory
Health[‡]



Beta
Glucans[‡]



Immune
Defense[‡]

BREATHE

RESPIRATORY & IMMUNE HEALTH SUPPORT.

Support oxygen uptake and immune health with this curated blend of Cordyceps, Reishi, Chaga, and Turkey Tail. Plus Zinc and naturally occurring Vitamin D for a healthy immune system.[‡]

WE GROW OUR OM.

We grow a diverse range of mushroom species at our indoor farm in California and capture the complete nutritional value of the growing cycle. Whole food functional mushrooms are important because they provide a full spectrum of active compounds to support optimal health.[‡]

- ✓ Whole Food Nutrition
- ✓ Beta Glucans and Prebiotics
- ✓ Tested for Heavy Metals



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learn more

[‡]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



30
DAY SUPPLY

HIGH POTENCY
ZINC & VITAMIN D

MUSHROOM
SUPERFOOD

Om

BREATHE

SUPPORTS

RESPIRATORY HEALTH[‡]

MUSHROOM SUPERFOOD DAILY BOOST CAPSULES

DIETARY SUPPLEMENT



90 VEGETABLE
CAPSULES

Suggested Use: Take three (3) capsules per day with a glass of water.

Supplement Facts

Serving Size 3 capsules

Servings Per Container 30

	Amount Per Serving	% DV
Vitamin D (from Organic <i>Agaricus bisporus</i>)	20mcg	100%
Zinc (as zinc bisglycinate)	11mg	100%
Certified Organic Mushroom Powder Blend	2g	†
Organic Cordyceps (<i>Cordyceps militaris</i>) mycelial biomass & fruit body, Organic Reishi (<i>Ganoderma lucidum</i>) mycelial biomass & fruit body, Organic Chaga (<i>Inonotus obliquus</i>) mycelial biomass & primordia, and Organic Turkey Tail (<i>Trametes versicolor</i>) mycelial biomass & primordia.		

† Daily Value (DV) Not Established

Other Ingredients: Vegetable Cellulose (capsules), Organic Myceliated Oats.

Take as directed. If you have a medical condition, are on medication or are pregnant or nursing, please seek the direction of a qualified health care professional before using.

KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place.

Produced for: M2 Ingredients, 5931 Priestly Dr. #101, Carlsbad, CA 92008

Distributed by: Om Mushroom Superfood, 5931 Priestly Dr. #101, Carlsbad, CA 92008

§See Supplement Facts



CERTIFIED KOSHER
BY EARTH KOSHER



KETO-FRIENDLY



PALEO-FRIENDLY

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