



Immune Defense[‡]



Help Manage
Everyday Stress[‡]

REISHI

'SHROOM AWAY STRESS.

Reishi is an adaptogen that can help the body cope with occasional stress in healthy ways that keep you feeling calm and balanced. Try Om Reishi capsules anytime you need to support a healthy reset.[‡]

WE GROW OUR OM.

We grow a diverse range of mushroom species at our indoor farm in California and capture the complete nutritional value of the growing cycle. Whole food mushrooms are important because they provide a full spectrum of active compounds to support optimal health.[‡]

- ✓ Whole Food Nutrition
- ✓ Beta Glucans and Prebiotics
- ✓ Tested for Heavy Metals



Scan code to
learn more

[‡]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

30
DAY SUPPLY



MUSHROOM
SUPERFOOD

Om

REISHI

ADAPTOGEN[‡] : IMMUNE SUPPORT[‡] : BALANCE[‡]

MUSHROOM SUPERFOOD DAILY BOOST CAPSULES

DIETARY SUPPLEMENT



GLUTEN FREE



VEGAN



USA GROWN
MUSHROOMS

90 VEGETABLE
CAPSULES

Suggested Use: Take three (3) capsules per day with a glass of water.

Supplement Facts

Serving Size 3 capsules
Servings Per Container 30

	Amount Per Serving	% DV
Certified Organic Mushroom Powder Blend	2g	†
Organic Reishi (<i>Ganoderma lucidum</i>) mycelial biomass & fruit body.		
† Daily Value (DV) Not Established		

Other Ingredients: Vegetable Cellulose (capsules), Organic Myceliated Oats.

Take as directed. If you have a medical condition, are on medication or are pregnant or nursing, please seek the direction of a qualified health care professional before using.
KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place.

Produced for: M2 Ingredients, Carlsbad, CA 92008

Distributed by: Om Mushroom Superfood, 5931 Priestly Dr. #101, Carlsbad, CA 92008

§See Supplement Facts



CERTIFIED KOSHER
BY EARTH KOSHER



KETO-FRIENDLY



PALEO-FRIENDLY

f @OmMushrooms | OmMushrooms.com



REV# 28030-003