



Mental Clarity[‡]



Focus & Alertness[‡]

BRAIN FUEL

THE SMART MUSHROOM SUPERFOOD.

Calm your mind and spark clarity with an expertly curated blend of Lion's Mane and Reishi, plus Folate, one of the body's key building blocks.[‡]

WE GROW OUR OM.

We grow a diverse range of mushroom species at our indoor farm in California and capture the complete nutritional value of the growing cycle. Whole food mushrooms are important because they provide a full spectrum of active compounds to support optimal health.[‡]

- ✓ Whole Food Nutrition
- ✓ Beta Glucans and Prebiotics
- ✓ Tested for Heavy Metals



Scan code to learn more

[‡]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

30
DAY SUPPLY



MUSHROOM
SUPERFOOD

Om

BRAIN FUEL

POWERED BY LION'S MANE + FOLATE

MUSHROOM SUPERFOOD DAILY BOOST CAPSULES

DIETARY SUPPLEMENT



GLUTEN FREE



VEGAN



USA GROWN
MUSHROOMS

90 VEGETABLE
CAPSULES

Suggested Use: Take three (3) capsules per day with a glass of water.

Supplement Facts

Serving Size 3 capsules

Servings Per Container 30

	Amount Per Serving	% DV
Folate (as Folic Acid)	800mcg DFE	200%
Certified Organic Mushroom Powder Blend:	2g	†
Organic Lion's Mane (<i>Hericium erinaceus</i>) mycelial biomass & fruit body and Organic Reishi (<i>Ganoderma lucidum</i>) mycelial biomass & fruit body.		

† Daily Value (DV) Not Established

Other Ingredients: Vegetable Cellulose (capsules), Organic Myceliated Oats.

Take as directed. If you have a medical condition, are on medication or are pregnant or nursing, please seek the direction of a qualified health care professional before using. Keep out of the reach of children. Store in a cool, dry place.

Produced for: M2 Ingredients, Carlsbad, CA 92008

Distributed by: Om Mushroom Superfood, 5931 Priestly Dr. #101, Carlsbad, CA 92008

§See Supplement Facts



CERTIFIED KOSHER
BY EARTH KOSHER



KETO-FRIENDLY



PALEO-FRIENDLY

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