

store sealed in a cool dry place
KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations

1 to 2 capsules 1 hour before bedtime
or as directed by your healthcare
professional.

Warning

If pregnant, consult your physician
before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN
(WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN,
WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†], SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING



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VITAL
NUTRIENTS

5HTP
50mg

DIETARY SUPPLEMENT
60 VEGETARIAN CAPSULES

Supplement Facts

serving size: 2 vegetarian capsules
servings per container: 30

	amount per serving	percent daily value
Vitamin B6 (as pyridoxine HCl)	10mg	500%
5HTP	100mg	*
Pyridoxal 5' Phosphate	4mg	*

* Daily Value not established

Other Ingredients: Rice Powder, Vegetable
Cellulose Capsule, and Leucine.

Independently tested for authenticity,
potency, solvent residue, stability and
bacteria, yeast and mold counts.

manufactured by
VITAL NUTRIENTS
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