

meijer

Compare to
One a Day® Vitacraves®
Adult ingredients†

GUMMIES

adult multi

DIETARY SUPPLEMENT

MULTIVITAMIN & MINERAL

150 Gummies

NATURAL ORANGE, CHERRY AND BERRY FLAVORS



Supplement Facts

Serving Size 2 Gummy Vitamins
Servings Per Bottle 75

Amount Per Serving		% Daily Value
Calories	10	
Total Carbohydrate	3 g	1%*
Total Sugars	3 g	**
Includes 3 g added sugars		
Vitamin A (as retinyl acetate)	1200 mcg RAE	133%
Vitamin C (as ascorbic acid)	60 mg	67%
Vitamin D (as cholecalciferol)	10 mcg (400 IU)	50%
Vitamin E (as dl-alpha-tocopheryl acetate)	27 mg	180%
Vitamin B-6 (as pyridoxine HCl)	2 mg	118%
Folate	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B-12 (as cyanocobalamin)	10 mcg	417%
Biotin (as D-Biotin)	150 mcg	500%
Pantothenic acid (as calcium d-pantothenate)	10 mg	200%
Iodine (as potassium iodide)	80 mcg	53%
Zinc (as zinc sulphate)	5 mg	45%
Choline (as choline bitartrate)	60 mg	11%
Inositol	40 mg	**

* Percent Daily Values based on a 2000 calorie diet.
** Daily Value not established.

Suggested use: As a dietary supplement, adults take two (2) gummies vitamins per day. Chew thoroughly before swallowing.

Other ingredients: Sugar, Glucose syrup, Water, Gelatin; less than 2% of: palm oil and carnauba wax, citric acid, colors (carrot and cranberry concentrate, carrot, spirulina and pumpkin concentrate, paprika extract, lycopene), lactic acid, natural flavors and pectin.

KEEP OUT OF THE REACH OF CHILDREN.

Warnings: Take only as directed. Do not exceed suggested dosage. If you have a medical condition, are on medication, are pregnant or nursing or have questions regarding your nutritional needs, consult a qualified healthcare professional before using this product. Do not use if the inner seal is broken or missing. This product may settle during shipping. Do not expose to excessive heat or moisture. Colors will darken over time. This does not alter the potency of the product.

Questions or comments? 1-617-848-4560

MADE IN SPAIN

DIST. BY MEIJER DISTRIBUTION, INC.
GRAND RAPIDS, MI 49544
www.meijer.com

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9-2746-18-000-00



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