Para-aminobenzoic Acid (PABA)	6 mg	*	18 mg	*
Standardized Turmeric Root Curcuminoid Extract	32 mg	*	95 mg	*
Rutin	17 mg	*	50 mg	*
Standardized Milk Thistle Seed Extract	17 mg	*	50 mg	*
Silymarin	13 mg	*	40 mg	*
Black Pepper Extract of Piperine†	1.7 mg	*	5 mg	*
Barley Grass Powder	32 mg	*	95 mg	*
Citrus Bioflavonoid Complex	17 mg	*	50 mg	*
Everlast INNERgy™ Proprietary Blend	**283 mg**	*	**848 mg**	*

Astragalus root, green flowering oat straw, Stevia leaf, fructo-oligosaccharide extract of chicory root, Spirulina pacifica, d-ribose, broccoli, cassia (cinnamon), standardized grape seed extract, ginger root, standardized Rhodiola rosea root extract, bromelain, papain, standardized blueberry fruit juice concentrate, chlorella (cracked cell), clove, dulse, standardized Aloe vera leaf gel concentrate, standardized bilberry leaf extract, peppermint essential oil, standardized Ginkgo biloba leaf extract, spearmint essential oil, alpha lipoic acid, coenzyme Q10, standardized lycopene extract, standardized lutein extract.

* Daily Value (DV) not established.

OTHER INGREDIENTS: Microcrystalline cellulose, croscarmellose sodium, vegetable stearic acid, silicon dioxide, vegetable magnesium stearate, and food glaze.
Contains fish (menhaden) and may contain wheat.

DISTRIBUTED EXCLUSIVELY BY:

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1192 East Draper Pky #414
Draper, UT 84020
888-335-0323
www.EverLastINNERgy.com

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ADULT DIRECTIONS: Keep bottle top tightly closed and out of the reach of children. Not for children under 14 years of age—nor pregnant or nursing women. Take a maximum of 2 tablets three times daily with sufficient liquid, with meals. Do not exceed 6 tablets daily—you may wish to consume from 1 to 6 tablets daily, depending on varying nutrient needs, or as directed by your physician. Store in a dark cool location out of direct sunlight.

† Bioperine® is a patented piperine extract, and is a registered trademark of Sabinsa Corp.

EverLast

INNERgy™

"The Pleasant, Balanced"

MULTI VITAMIN, MINERAL

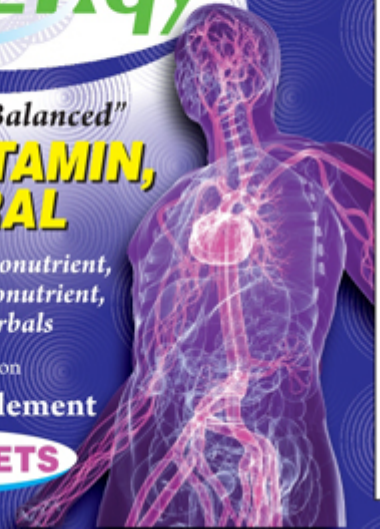
Antioxidant, Phytonutrient, Coenzymal, Glyconutrient, Greens & Herbals

MADE IN AMERICA

NO added Iron

Dietary Supplement

90 TABLETS



Supplement Facts

Serving Size 2 Tablets
Servings Per Container 45

	Per 2 Tablets Amount	% DV	Per Day (6 Tablets) Amount	% DV
Vitamin A (from fish liver oil & 77% as beta carotene)	3,333 IU	67%	10,000 IU	200%
Vitamin C (as ascorbic acid, potassium ascorbate, ascorbyl palmitate)	229 mg	382%	687 mg	1,145%
Vitamin D (from fish liver oil)	133 IU	33%	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate & mixed tocopherols)	68 IU	228%	205 IU	683%
Vitamin K (as phylloquinone)	33 mcg	42%	100 mcg	125%
Thiamin (as thiamine HCl)	9 mg	578%	26 mg	1,733%
Riboflavin (as riboflavin & riboflavin 5 phosphate)	9 mg	510%	26 mg	1,529%
Niacin (as inositol hexaniacinate & nicotinic acid)	32 mg	158%	95 mg	475%
Vitamin B6 (as pyridoxine HCl & pyridoxal 5 phosphate)	10 mg	500%	30 mg	1,500%
Folate	150 mcg	38%	450 mcg	113%
Vitamin B12 (as methylcobalamin)	90 mcg	1,500%	270 mcg	4,500%
Biotin	100 mcg	33%	300 mcg	100%
Pantothenic Acid (as calcium pantothenate & pantethine)	34 mg	343%	103 mg	1,030%
Calcium (as calcium carbonate, coral calcium powder, calcium amino acid chelate, calcium citrate, & calcium glycerophosphate)	333 mg	33%	1,000 mg	100%
Iodine (from kelp)	50 mcg	33%	150 mcg	100%
Magnesium (as magnesium oxide, magnesium amino acid chelate, magnesium aspartate, magnesium malate, magnesium citrate)	133 mg	33%	400 mg	100%
Zinc (as zinc picolinate)	7 mg	44%	20 mg	133%
Selenium (as L-selenomethionine)	67 mcg	95%	200 mcg	286%
Copper (as copper amino acid chelate)	0.6 mg	30%	1.8 mg	90%
Manganese (as manganese amino acid chelate)	1.3 mg	67%	4 mg	200%
Chromium (as chromium polynicotinate & chromium amino acid chelate)	63 mcg	53%	190 mcg	158%
Molybdenum (as molybdenum amino acid chelate)	50 mcg	67%	150 mcg	200%
Boron (as boron amino acid chelate)	0.33 mg	*	1 mg	*
Choline (as choline bitartrate)	13 mg	*	40 mg	*
Inositol	17 mg	*	50 mg	*