

B-COMPLEX SUPPLEMENT

Z-BEC®

**PLUS
ZINC**

Vitamin E

**600 mg
Vitamin C**



**With
Folic Acid
and Biotin!**

60 CAPLETS

Z-BEC®

The Z-BEC® formula includes Folic Acid and Biotin for a more complete B-complex which may provide optimum energy producing benefits!*

Z-BEC® is formulated to support immune health, energy and antioxidant protection. B-Complex vitamins may help convert food into energy. Vitamins C and E and Zinc may support the immune system.*

Caplet color may vary.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	% Daily Value
Vitamin C 600 mg	667%
Vitamin E 20.2 mg	135%
Thiamin 15 mg	1250%
Riboflavin 10.2 mg	785%
Niacin 100 mg	625%
Vitamin B6 10 mg	588%
Folate 680 mcg DFE (400 mcg folic acid)	170%
Vitamin B12 6 mcg	250%
Biotin 300 mcg	1000%
Pantothenic Acid 25 mg	500%
Zinc 22.5 mg	205%

INGREDIENTS: Ascorbic Acid, Microcrystalline Cellulose, Niacinamide, Calcium Carbonate, Croscarmellose Sodium, Dicalcium Phosphate, *d*-Alpha Tocopheryl Acetate, Hydroxypropyl Methylcellulose, Gelatin, Zinc Oxide, D-Calcium Pantothenate. Contains 2% or less of aluminum oxide, biotin, carnauba wax, cyanocobalamin, FD&C blue no. 1 lake, folic acid, magnesium stearate, polyethylene glycol, pyridoxine hydrochloride, riboflavin (color), silica, stearic acid, thiamine mononitrate, titanium dioxide (color).

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DIRECTIONS: Adults - One caplet daily with food as a dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN. Store at 15° - 30°C (59° - 86°F).

WARNING: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

Questions? Comments? Call 1-888-698-5032
weekdays 8:30 a.m. - 5:00 p.m. (Eastern Time)

Z-BEC®

Your high-energy lifestyle can deplete your body's reserves of certain vitamins and minerals.

Z-BEC® may restock your body with important nutrients, including:

Zinc: May support the immune system.*

B-Complex Vitamins: May aid in converting food into energy.*

E: Serves as an antioxidant.*

C: May support cell health.*

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