

Mag Citrate™ is a blend of magnesium citrate and calcium citrate that provides nutritional support for both muscle function and bone formation.

Magnesium is a cofactor in many enzymatic reactions that occur in humans. It is needed by the soft tissues (muscles) during resting and vigorous activity. It also plays a role in calcification and mineralization of bone.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: Take two tablets one to three times daily or as directed by your healthcare practitioner.

CAUTION: Keep out of the reach of children.

STORAGE: Keep tightly closed in a cool, dry place.

Formulated to Exclude: Wheat, gluten, soy, animal or dairy products, nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, and preservatives.



Mag Citrate™

Magnesium with Calcium

Dietary Supplement
Vegetarian
120 TABLETS

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 60

	Amount Per Serving	% Daily Value
Calcium (as calcium citrate)	40 mg	4%
Magnesium (as magnesium citrate)	200 mg	50%

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid, and coating (deionized water, microcrystalline cellulose, polyethylene glycol, and carrageenan).

Developed and Manufactured by: METAGENICS, INC.
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