

List No. 2576
L400 Cat. A533
5A007

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SOFTGEL
ONE
PER DAY

Nature Made

400 mg

**EXTRA STRENGTH
MAGNESIUM**

Essential nutrient: Supports nerve, muscle, heart and bone health†

60 SOFTGELS | Dietary Supplement

SUGGESTED USE: Adults, take 1 softgel daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value
Calories 10	
Total Fat 0.5 g	1%*
Saturated Fat 0.5 g	3%*
Magnesium (as Magnesium Oxide) 400 mg	95%

*Percent Daily Values are based on a 2,000 calorie diet.

DISTRIBUTED BY:

Nature Made Nutritional Products
West Hills, CA 91309-9903, USA
1-800-276-2878 • www.NatureMade.com

Encapsulated and quality tested in the USA.
Made to our guaranteed purity and potency standards.

- ✓ No Synthetic Dyes - Colors Derived from Natural Sources
- ✓ No Artificial Flavors
- ✓ No Preservatives
- ✓ Gluten Free

CAUTION: Do not exceed one softgel daily or take with other products that contain magnesium, unless recommended by your physician. Product may cause gastrointestinal disturbance, including diarrhea. Consult your physician before use if you have kidney disease or are taking medication.

OTHER INGREDIENTS:

Medium Chain Triglycerides, Gelatin, Glycerin, Water, Soy Lecithin, Colors Added, Yellow Beeswax.

CONTAINS: Soy.

Lot: 2348128
Exp: JUL 2021

