

SUGGESTED USE:

Take 3 tablets daily, preferably with meals, or as directed by a healthcare professional.

CAUTION:

Do not exceed recommended dose. This product should be consumed with at least a full glass of liquid. Consuming this product without enough liquid may cause choking. Do not consume this product if you have difficulty in swallowing. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

NOTICE:

Most people should not experience "Niacin skin flush" when using this product. However a few sensitive individuals may experience some flushing. Do not take on an empty stomach.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Sourced from FDA Registered & Inspected and GMP-certified facility.

A MIMI'S ROCK COMPANY



DR TOBIAS™

ADULT Multivitamin

42 Fruits & Vegetables + Plant-Based Enzymes + Probiotic

VEGAN

NON
GMO

Dietary Supplement
90 Tablets (30 Day Supply)

Fortified with wholefoods
Enhanced bioavailability
Non-GMO, with potent antioxidants
Multi-system support for optimal health

Supplement Facts

Serving Size 3 Tablets

Servings Per Container: 30

Amount Per Serving	%Daily Value
Vitamin A (as 87% beta-carotene / 33% palmitate)	4,500 mcg 500%
Vitamin C (as ascorbic acid)	500 mg 556%
Vitamin D-3 (as cholecalciferol)	10 mcg 50%
Vitamin E (as d-Alpha tocopheryl succinate)	67 mg 444%
Vitamin B-12 (as thiamine mononitrate)	50 mg 4167%
Riboflavin	50 mg 3846%
Niacin (as niacin granular)	10 mg 63%
Vitamin B-6 (as pyridoxine HCl)	50 mg 2941%
Folate (as 5-methyltetrahydrofolate)	670 mcg DFE 167%
Vitamin B-12 (as cyanocobalamin)	100 mcg 4167%
Biotin	100 mcg 333%
Permethoxy Acid (as d-calcium pantothenate)	20 mg 400%
Choline (as choline bitartrate)	30 mg 5%
Calcium (as phosphate / citrate)	175 mg 13%
Phosphorus (as dicalcium phosphate)	72 mg 6%
Magnesium (as amino acid chelate)	100 mg 24%
Zinc (as amino acid chelate)	15 mg 136%
Selenium (as amino acid chelate)	50 mcg 91%
Copper (as ascorbate)	0.2 mg 22%
Manganese (as sulfate)	2 mg 87%
Chromium (as polynicotinate)	50 mcg 143%
Potassium (as citrate)	50 mg 1%
Enzyme Complex (from plants) (consisting of Bromelain, Papain, Amylase and Lipase)	75 mg *
Spirulina Algae	500 mg *
Wheat Grass Powder (aerial plant)	200 mg *
Saltwater Powder (flower)	100 mg *

Amount Per Serving	%Daily Value
Lecithin	75 mg *
Inositol	75 mg *
Citrus Bioflavonoids 50% Complex	50 mg *
Gotu Kola Powder (aerial parts)	50 mg *
Echinacea purpurea Root Powder	25 mg *
Green Tea 98% Extract (dried leaves)	25 mg *
PABA (para-Aminobenzoic Acid)	15 mg *
Psyllium Husk Powder (hulls)	15 mg *
Oat 10:1 Extract (aerial parts)	15 mg *
Apple Pectin (Malus domestica) (fruit)	15 mg *
Chlorophyll (as sodium copper chlorophyllin)	15 mg *
Lactobacillus acidophilus	20 Million CFU *
Octacosanol	15 mg *
Peat Extract (providing all 72 naturally-occurring trace minerals)	210 mg *
Kelp (thallus)	27 mg *
Boron (as amino acid chelate)	315 mg *
42 Fruit & Vegetable Proprietary Blend (consisting of: Blueberry Fruit, Cranberry Fruit, Grape Seed, Strawberry Fruit, Raspberry Fruit, Pomegranate Fruit, Bilberry Fruit, Alfalfa Leaf, Carrot Root, Beet Root, Broccoli (flower & stalk), Acai Fruit (Euterpe oleracea), Chokeberry Fruit, Apple (fruit), Apple Pectin Fruit, Maqui Berry (Aristotelia chilensis), Grape Skin, Black Cherry Fruit, Tomato Fruit, Barley (aerial part), Celery Seed, Chlorella, Black Currant Fruit, Artichoke Leaf, Mango Fruit, Pineapple Fruit, Spirulina, Dandelion Root, Wheat Grass Leaf, Green Tea Leaf, Milk Thistle Seed, Eleutherococcus senticosus Root, Ashitaba Leaf, Bing Cherry Fruit, Elderberry Fruit, Goji Berry (Lycium barbarum), Grapefruit Fruit, Mangosteen Fruit, Spinach Leaf, Tart Cherry Skin, Papaya Fruit and Asian Pear (Pyrus pyrifolia).	

*Daily Value not established.

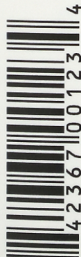
OTHER INGREDIENTS:

Vegetable stearic acid, aqueous film coating (purified water, hydroxypropyl methylcellulose, vegetable glycerin, chlorophyll, and calcium carbonate), microcrystalline cellulose, vegetable magnesium stearate, and croscarmellose sodium.

*Activity level at time of manufacture.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

Distributed by: Mimi's Rock
Toronto, Ontario, CA
DrTobias.com
Tel: 877.999.5474
support@drtobias.com
66726



8