

Conforms to USP <291> for weight.
No Artificial Colors, No Wheat, No Gluten, No Dairy, No Egg Free.

Lutemax²⁰²⁰ Lutemax 2020[®] is a trademark of
GNC Active Health Technologies.

As a sustained, daily-taken, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamins and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B-vitamin and antioxidant status, as well as improvements in D-3, HDL, and Westman health scores compared to those taking a placebo.

*Compared to baseline placebo.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For more information:
1-888-452-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

ACTUAL SIZE

GNC QUALITY COMMITMENT

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations. Every raw material that goes into a GNC supplement is guaranteed as to quality and potency. Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back guarantee.

GNC GUARANTEE

Use any GNC supplement for as little as 30 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!



Please recycle this box.



Frank J. Costa, M.D., an acclaimed urological surgeon and men's health expert, is part of the GNC Medical Advisory Board.

One of "America's Top Physicians," Dr. Costa lectures nationally and internationally on men's health topics. Dr. Costa is regularly featured in television, radio and newspaper interviews and has published articles in both professional journals and popular magazines.

Dr. Frank J. Costa, M.D.

"As you get older, your nutritional needs change. I recommend Mega Men[®] 50 Plus because it provides the proper balance of vitamins and minerals plus extracts to support prostate and eye health and memory."

MEGA MEN[®] 50 PLUS

The keys to healthy aging include the appropriate nutritional support. This premium multivitamin includes antioxidants, vitamins and minerals that are essential to addressing the factors of aging.

Memory Health Blend

- Features choline, which serves as a precursor of acetylcholine, one of the neurotransmitters responsible for memory function and phosphatidylserine to help promote a healthy nervous system and support memory function.*

Premium Prostate Blend

- Combines saw palmetto with powerful antioxidants, selenium and lycopene to help support optimal prostate health and healthy urinary flow.*

Healthy Aging

- Includes 1,600 IU of vitamin D-3. Emerging research suggests that adequate daily vitamin D intake may play a role in supporting colon and immune health.*
- Features lutein and zeaxanthin to support eye health and an advanced free radical protection blend with resveratrol, alpha-lipoic acid and green tea. These ingredients offer protection from excess free radicals that can destroy healthy cells and promote the cell-aging process.*
- Supplies L-arginine, an amino acid shown to help maintain blood vessel tone and play a role in sexual health.*

Timed-release caplets provide a slow gradual release of vital nutrients.

2X MORE D-3¹

**MEGA
MEN[®]
50 Plus**

Dietary Supplement

CLINICALLY STUDIED
MULTIVITAMIN²

- With 1,600 IU of vitamin D-3 for colon health and immune support*
- Supports memory function*
- Premium prostate formula with saw palmetto, lycopene and selenium
- Fights cell aging with advanced antioxidant blend*
- B-vitamins for energy support*

Timed-Release
120 CAPLETS



CLINICALLY
STUDIED²

COSR: 177322
COSMETICS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin A (20% as beta-Carotene & 80% as Retinyl Acetate)	5800 IU 180%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	580 mg 580%
Vitamin D (as Cholecalciferol D-3)	1600 IU 400%
Vitamin E (as Natural d-alpha-Tocopherol Acetate)	30 IU 120%
Vitamin K (as Phylloquinone)	80 mcg 160%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	90 mg 3333%
Riboflavin (Vitamin B-2)	50 mg 2841%
Niacin (as Nicotinamide & Niacin)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	90 mcg 833%
Biotin	360 mcg 180%
Pantothenic Acid (as Calcium D-Pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate)	200 mg 30%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	25 mg 167%
Selenium (as L-Selenomethionine)	200 mcg 266%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Sulfate)	2 mg 100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg 100%
Molybdenum (as Sodium Molybdate)	75 mcg 100%
Saw Palmetto Berries Extract (Serenoa repens)	150 mg *
L-Arginine	100 mg *
Healthy Aging Free Radical Protection Blend	70 mg *
alpha-Lipoic Acid, Green Tea (Lar) Extract, Bilberry Fruit Powder, Elderberry Fruit Powder, Black Currant Fruit Powder, Blueberry Fruit Powder, Resveratrol	
Memory Health Blend	20 mg *
Choline (as Choline Bitartrate), Phosphatidylserine	
Inositol	10 mg *
Silica (as Silicon Dioxide)	4 mg *
Boron (as Hydrolyzed Protein Chelate)	2 mg *
Lutemax 2020 [®] Lutein	950 mcg *
Lycopene	550 mcg *
Zeaxanthin (as Zeaxanthin Isomer)	180 mcg *
Astaxanthin	50 mcg *
Selenium (as Sodium Selenate)	10 mcg *

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acrylate, Croscarmellose, Croscarmellose, Croscarmellose, Croscarmellose.

CONTRAINDICATIONS: Fish and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

¹ New Lutemaxes have not been analyzed by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.