

**L-Carnitine with Chromium** is a blend of two nutrients that play important roles in the metabolism of fat. L-Carnitine is required for the breakdown of fats into energy, while chromium supports healthy glucose metabolism.\*

♦These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** Take one tablet twice daily between meals or as directed by your healthcare practitioner.

**CAUTION:** If pregnant or nursing consult your healthcare practitioner before use. Keep out of the reach of children.

**STORAGE:** Keep tightly closed in a cool, dry place.  
**Formulated to Exclude:** Wheat, gluten, soy, animal or dairy products, nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, and preservatives.



**Metagenics®**  
Genetic Potential Through Nutrition

# L-Carnitine with Chromium

Support for Fat Metabolism\*

**Dietary Supplement**

Vegetarian

30 TABLETS

## Supplement Facts

Serving Size 1 Tablet  
Servings Per Container 30

| Amount Per Serving                             | % Daily Value |
|------------------------------------------------|---------------|
| Chromium<br>(as chromium nicotinate glycinate) | 42%           |
| L-Carnitine<br>(as L-carnitine fumarate)       | *             |

\*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid, silica, sodium starch glycolate, and coating (deionized water, microcrystalline cellulose, polyethylene glycol, and carrageenan).

Developed and Manufactured by:  
**METAGENICS, INC.**

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