

Supplement Facts

Serving Size: 4 Capsules Servings Per Container: 30

	Amount Per Serving	% DV
Vitamin A (Natural Beta-Carotene)	3333 IU	66%
Vitamin C (Natural Ascorbic Acid)	160 mg	266%
Vitamin D (Natural Ergocalciferol)	2,667 IU	667%
Vitamin E (as Natural d-Alpha Tocopherol Acetate)	40 IU	133%
Vitamin K2 (Natural)	120mcg	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	33 mg	2167%
Riboflavin (Vitamin B-2)(Natural)	33 mg	1,961%
Niacin (as Natural Niacinamide)	33 mg	167%
Vitamin B-6 (as Natural Pyridoxine HCl)	33 mg	1667%
Folic Acid (Natural)	533 mcg	133%
Vitamin B-12 (Natural Cyanocobalamin)	667 mcg	11110%
Biotin (as Natural d-Biotin)	1,333 mcg	444%
Pantothenic Acid (as Natural d-Calcium Pantothenate)	40 mg	400%
Calcium (as Natural Calcium Carbonate)	160 mg	16%
Iron (Natural Ferrous Sulfate)	24 mg	133%
Iodine (from Natural Kelp)	200 mcg	133%
Magnesium (as Natural Magnesium Oxide)	80 mg	20%
Zinc (as Natural Zinc Oxide)	20 mg	133%
Selenium (Natural L-Selenomethionine)	33 mg	48%
Copper (as Natural Cupric Gluconate)	0.6 mg	33%
Manganese (as Natural Manganese Gluconate)	2.6 mg	133%
Chromium (as Natural Chromium Picolinate)	133 mcg	110%
Molybdenum (as Natural Sodium Molybdate)	68 mcg	91%
Sodium	13 mg	<1%
Potassium (as Natural Potassium Chloride)	66 mg	*
Choline (as Choline Bitartrate)	13 mg	*
Inositol (Natural)	13 mg	*
Boron (Sodium Borate)	1 mg	*
DNA (Natural Deoxyribonucleic Acid)	1 mg	*
RNA (Natural Ribonucleic Acid)	1 mg	*
Lutein (Natural)	13 mcg	*

	Amount Per Serving	% DV
Organic Vegetable Blend (Parsley Powder, Garlic (Allium sativum) (bulb), Beet Root Powder, Carrot Powder, Asparagus Powder, and Extracts of Broccoli, Cabbage, Brussels Sprouts, Cauliflower, and Kale)	133 mg	*
Organic Fruit Blend (Papaya Fruit Powder, Grapefruit Extract, Apple Powder (Malus pumila) (fruit), Peach (fruit), Strawberry (Fragaria virginiana) (fruit), Acai (Euterpe oleracea) (fruit), Cranberry (Vaccinium macrocarpon) (fruit), Blueberry (Vaccinium corymbosum) (fruit), Bilberry Extract (Vaccinium myrtillus) (fruit) Pomegranate Extract (Punica granatum) (seed and peel), Pineapple (Ananas comosus) (fruit), Orange (Citrus sinensis) (fruit), Noni Powder (Morinda citrifolia) (fruit))	133 mg	**
Organic Mushroom Blend (Shiitake (Lentinus edodes) (aerial), Maitake (Grifola frondosa) (aerial), Reishi (Ganoderma lucidum) (aerial))	66 mg	**
Citrus Bio Complex (Citrus Bioflavonoids Complex (Citrus spp.)(peel), Hesperidin Complex (Citrus spp.) (Peel), Rutin, Quercetin)	66 mg	*
Digestive Enzyme Blend (Betaine Hydrochloride, Bromelain (from Pineapple), Papain (Papaya Enzyme), Amylase, Lipase, Cellulase, Protease)	66 mg	*
Probiotic Blend (B. bifidum, L. bulgaricus, L. acidophilus)	33 mg	*
Omega Blend (Flaxseed, Sunflower Oil, Borage Powder (Contains Omega-3 11 mg and Omega-6 4 mg))	133 mg	*
Organic Green and Whole Food Blend (Spirulina (Spirulina platensis), Chlorella (Chlorella vulgaris) (plant), Oat Extract (Avena sativa)(aerial), Apple Pectin (fruit), Barley Grass (Hordeum vulgare) (aerial), Sodium Copper Chlorophyllin)	683 mg	*
Organic Herb Blend (Echinacea (Echinacea purpurea) (aerial), Ginger (Zingiber officinale) (root), Milk Thistle (Silybum marianum) (seed), Cayenne (Capsicum annuum)(fruit), Korean Ginseng Extract (Panax ginseng) (root), Ginkgo Biloba Extract (Ginkgo biloba) (leaf), Organic Saw Palmetto, Organic Decaf Green Tea (leaf extract), Organic Turmeric (root) extract), Organic Ceylon Cinnamon, Goldenseal (Hydrastis canadensis) (root)) Coenzyme Q10 (CoQ10), Astaxanthin (from Algae), Zeaxanthin	133 mg	*

* (%DV) Daily Value not established.
Percent Daily Values are based on a 2000 Calorie Diet.
Other Ingredients: Vegetable Cellulose, Silica. Contains <2% of: Vegetable Magnesium Stearate, Vegetable Stearic Acid.



MADE WITH REAL
FRUITS & VEGETABLES*

NATURAL SUPPORT FOR:
PROSTATE, BRAIN, HEART
EYE AND GUT HEALTH



120 POWERFUL
TABLETS



WHOLE FOOD MULTI-VITAMIN

SPECIALLY FORMULATED FOR MEN



SUGGESTED USE:



Take 4 tablets daily with a meal for the best optimal results.
2 tablets with breakfast and 2 tablets with dinner.

CAUTION:

Keep out of reach of children. As with any dietary supplement,
consult with a healthcare practitioner prior to use.

NO

ARTIFICIAL COLOR OR FLAVOR,
PRESERVATIVES, SUGAR, MILK, LACTOSE,
GLUTEN, WHEAT, FISH.



DO NOT USE IF SAFETY SEAL
IS DAMAGED OR MISSING.

These statements have not been evaluated by the
FDA. This product is not intended to diagnose, cure,
treat or prevent any disease.

TELL US WHAT YOU THINK

- Have a question? Not Happy with the Product?
- Please email us and we will make it right.
support@wholesome-wellness.com

CAREFULLY CRAFTED FOR:
Wholesome Wellness
6804 NE 79th Court #527708, Portland,
Oregon, USA 97218
www.wholesome-wellness.com



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