

List No. 2749
L400 Cat. A804
5A008

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



VALUE
SIZE

Nature Made®

200 mg DHA

PRENATAL
MULTI + DHA

Specially formulated to support the development of baby's brain, nervous system, bones and eyes†

90 SOFTGELS | Dietary Supplement

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel % Daily Value for Pregnant Women and Lactating Women

Amount Per Softgel	% Daily Value for Pregnant Women and Lactating Women
Calories 5	
Vitamin A (as Beta Carotene) 770 mcg	59%
Vitamin C (as Ascorbic Acid) 85 mg	71%
Vitamin D ₃ (as Cholecalciferol) 25 mcg (1000 IU)	167%
Vitamin E (as d-Alpha Tocopherol) 15 mg	79%
Vitamin K (as Phytonadione) 90 mcg	100%
Thiamin (as Thiamine Mononitrate) 1.4 mg	100%
Riboflavin 1.4 mg	88%
Niacin (as Niacinamide) 18 mg	100%
Vitamin B ₆ (as Pyridoxine Hydrochloride) 1.9 mg	95%
Folate 1330 mcg DFE (800 mcg Folic Acid)	222%
Vitamin B ₁₂ (as Cyanocobalamin) 5.2 mcg	186%
Biotin 30 mcg	86%
Pantothenic Acid (as d-Calcium Pantothenate) 6 mg	86%
Calcium (as Calcium Carbonate) 150 mg	12%
Iron (as Ferrous Fumarate) 27 mg	100%
Iodine (as Potassium Iodide) 150 mcg	52%
Magnesium (as Magnesium Oxide) 45 mg	11%
Zinc (as Zinc Oxide) 11 mg	85%
Omega-3 Fatty Acids (from Fish Oil Concentrate)** 260 mg *	
Omega-3 Docosahexaenoic Acid (DHA)** 200 mg *	
Omega-3 Eicosapentaenoic Acid (EPA)** 60 mg *	

*Daily Value not established.

SUGGESTED USE:

Adults, take 1 softgel daily with water and a meal for optimal absorption.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

CAUTION:

If you are taking medication or have blood clotting issues, consult your physician before use.

No Artificial Flavors
 Gluten Free

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

OTHER INGREDIENTS:

Gelatin, Glycerin, Rapeseed Lecithin, Soybean Oil, Water, Dibasic Calcium Phosphate, Yellow Beeswax, Tocopherols, Resin, Ascorbyl Palmitate.

DISTRIBUTED BY:

Nature Made Nutritional Products
West Hills, CA 91309-9903, USA
1-800-276-2878
www.NatureMade.com

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements.
www.uspverified.org

**As ethyl esters
†Folic Acid and Iron.

Lot: 2344569
Exp.: APR 2021

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