

†These statements have not been evaluated
by the Food and Drug Administration.
This product is not intended to diagnose,
treat, cure, or prevent any disease.



Nature Made®

SUPER B-COMPLEX

with vitamin C

Helps convert food into
cellular energy†
Vitamin C helps support the
immune system†



VALUE
SIZE

360 TABLETS | Dietary Supplement

SUGGESTED USE: Adults, take 1 tablet daily with water and a meal.
Store tightly closed, in a cool, dry place, out of reach of children.
Do not use if imprinted seal under cap is broken or missing.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin C (as Ascorbic Acid) 150 mg	167%
Thiamin (as Thiamine Mononitrate) 100 mg	8333%
Riboflavin 20 mg	1538%
Niacin (as Niacinamide) 25 mg	156%
Vitamin B ₆ (as Pyridoxine Hydrochloride) 2 mg	118%
Folate 665 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B ₁₂ (as Cyanocobalamin) 15 mcg	625%
Biotin 30 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate) 5.5 mg	110%
Calcium (as Dibasic Calcium Phosphate) 35 mg	3%

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ Gluten Free

CAUTION: If you are taking medication, including anticonvulsants, consult your physician before use.

OTHER INGREDIENTS:
Cellulose Gel, Hypromellose, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide, Polyethylene Glycol.

DISTRIBUTED BY:
Nature Made Nutritional Products
West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

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USP sets official standards for dietary supplements. www.uspverified.org

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