

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**Nature Made®**

# CALCIUM MAGNESIUM ZINC

with vitamin D3

Helps support strong bones†  
Magnesium helps support nerve,  
muscle and metabolic functions†

**VALUE  
SIZE**

**300 TABLETS | Dietary Supplement**



### SUGGESTED USE:

Adults, take 1 tablet up to 3 times daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

### CAUTION:

If you have kidney disease or are taking any medication, consult your physician before use.

### MAY HELP REDUCE RISK OF OSTEOPOROSIS

Adequate calcium and vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

- ✓ No Synthetic Dyes - Color Derived from Natural Source
- ✓ No Artificial Flavors
- ✓ Gluten Free

### Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin D <sub>3</sub> (as Cholecalciferol) 5 mcg (200 IU)	25%
Calcium (as Calcium Carbonate) 333 mg	26%
Magnesium (as Magnesium Oxide) 133 mg	32%
Zinc (as Zinc Sulfate) 5 mg	45%

### OTHER INGREDIENTS:

Cellulose Gel, Maltodextrin, Croscarmellose Sodium, Hypromellose, Silicon Dioxide, Color Added, Magnesium Stearate, Polyethylene Glycol, Triethyl Citrate, Polysorbate 80, Sodium Citrate, Gelatin.

### DISTRIBUTED BY:

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USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements. [www.uspverified.org](http://www.uspverified.org)



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