

List No. 1790
L400 Cat. A456
5A007



Nature Made®

**MEN'S
MULTI 50+**

22 key nutrients for daily
nutritional support
Made with vitamin D3

90 TABLETS | Dietary Supplement

SUGGESTED USE:

Adults, take 1 tablet daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value	Amount Per Tablet	% Daily Value
Vitamin A 750 mcg	83%	Biotin 30 mcg	100%
(as Retinyl Acetate and 60% as Beta Carotene)		Pantothenic Acid 10 mg	200%
Vitamin C (as Ascorbic Acid) 180 mg	200%	(as d-Calcium Pantothenate)	
Vitamin D ₃ (as Cholecalciferol) 25 mcg (1000 IU)	125%	Calcium (as Calcium Carbonate) 160 mg	12%
Vitamin E (as d-Alpha Tocopheryl Acetate) 27 mg	180%	Iodine (as Potassium Iodide) 150 mcg	100%
Vitamin K (as Phytanadione) 80 mcg	67%	Magnesium (as Magnesium Oxide) 100 mg	24%
Thiamin (as Thiamine Mononitrate) 1.5 mg	125%	Zinc (as Zinc Oxide) 15 mg	136%
Riboflavin 1.7 mg	131%	Selenium (as Sodium Selenate) 105 mcg	191%
Niacin (as Niacinamide) 20 mg	125%	Copper (as Cupric Sulfate) 2 mg	222%
Vitamin B ₆ (as Pyridoxine Hydrochloride) 6 mg	353%	Manganese (as Manganese Sulfate) 4 mg	174%
Folate 665 mcg DFE (400 mcg Folic Acid)	167%	Chromium (as Chromium Chloride) 120 mcg	343%
Vitamin B ₁₂ (as Cyanocobalamin) 25 mcg	1042%	Molybdenum (as Sodium Molybdate) 75 mcg	167%

USP has tested and verified ingredients, potency and manufacturing process.
USP sets official standards for dietary supplements. www.uspverified.org

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ Gluten Free

CAUTION:

If you are taking medication or have blood clotting issues, consult your physician before use.

OTHER INGREDIENTS:

Cellulose Gel, Modified Food Starch, Maltodextrin, Croscarmellose Sodium, Hypromellose, Dibasic Calcium Phosphate, Magnesium Stearate, Silicon Dioxide, Gelatin, Polyethylene Glycol.

DISTRIBUTED BY:

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