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1-888-462-2548

GNC PRO PERFORMANCE®

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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222
MADE IN THE USA

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

ACTUAL SIZE

0 48107 07999

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BETA- ALANINE

DIETARY SUPPLEMENT

CLINICALLY STUDIED, HIGH-EFFICIENCY
STRENGTH TRAINING SUPPLEMENT*

CLINICALLY SHOWN TO INCREASE MUSCLE
CARNOSINE LEVELS, A CRITICAL
FATIGUE-CONTROLLING FACTOR*

WITH 3.2 GRAMS OF BETA-ALANINE FOR
CRITICAL MUSCLE SUPPORT*

120 TABLETS



CODE 898711

Beta-Alanine has been clinically shown to increase muscle carnosine levels.

Carnosine is a functionally active peptide that has antioxidant properties and is a critical muscle fatigue-controlling factor.*

DIRECTIONS: As a dietary supplement, take two tablets twice daily with food.

For best results, take two tablets two hours before and two tablets after exercise.

Supplement Facts

Serving Size Four Tablets

Servings Per Container 30

Amount Per Serving

beta-Alanine	3200 mg	*
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* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Vegetable Acetoglycerides, Caramel Color, Mica, Titanium Dioxide (Natural Mineral Whitener).

WARNING: For adult use only. Taking this product may cause tingling and flushing sensations. These sensations may be enhanced if taken close to or during exercise.

Conforms to USP <2091> for weight. Meets USP <2040> for disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, No Preservatives, Sodium Free, No Wheat, No Gluten, No Corn, No Soy, No Dairy, Yeast Free.



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* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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