

**SPRING VALLEY**

# Melatonin

**10 mg** PER TABLET

with **1,000 mcg Lemon Balm**

DIETARY SUPPLEMENT

**SLEEP SUPPORT**

May help promote restful sleep.\*

**120 TABLETS**

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Melatonin 10 mg	**
Lemon Balm (aerial parts) Extract 1,000 mcg	**

\*\* Daily Value not established.

**INGREDIENTS:** Dicalcium Phosphate, Microcrystalline Cellulose, Melatonin. Contains 2% or less of: Lemon Balm, Magnesium Stearate, Silicon Dioxide, Stearic Acid.

**DISTRIBUTED BY:**  
Wal-Mart Stores, Inc.,  
Bentonville, AR 72716  
PRODUCT OF CHINA, FRANCE

**SUGGESTED USE:** Adults – One tablet just prior to or at bedtime as a dietary supplement.

**NO** Gluten, Artificial Colors or Flavors, Lactose, Sugar

**WARNING:** Take at bedtime only. Melatonin may cause drowsiness and sleep. Pregnant or nursing women, individuals taking sedatives or other medication(s), or persons who have a health condition or are experiencing long-term sleep difficulties should consult their doctor before using this product. Do not use alcohol, drive a vehicle or operate machinery while taking this product. Do not use prior to surgery.

**Not intended for use by person under 18 years of age.**

**KEEP OUT OF REACH OF CHILDREN.**  
Store at room temperature 59°- 86°F (15°- 30°C). Keep bottle tightly closed.

**FOR YOUR PROTECTION, DO NOT USE IF PRINTED SEAL UNDER CAP IS BROKEN OR MISSING.**

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**QUALITY GUARANTEED**  
For questions or comments call 1-866-251-1662.  
Walmart.com/springvalley

FRESHNESS AND POTENCY GUARANTEED THROUGH:

**EXP 05/21**  
**B300092**