

List No. 1274  
L400 Cat. 348  
5A004



**Nature Made®**

400 mcg

**FOLIC ACID**

**Equivalent to 665 mcg DFE**

Important B vitamin for  
women of childbearing age

**250 TABLETS | Dietary Supplement**

**SUGGESTED USE:** Adults, take 1 tablet daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

### Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Folate 665 mcg DFE (400 mcg Folic Acid)	167%
Calcium 70 mg (as Calcium Carbonate and Dibasic Calcium Phosphate)	6%

#### DISTRIBUTED BY:

Nature Made Nutritional Products  
West Hills, CA 91309-9903, USA  
1-800-276-2878 • [www.NatureMade.com](http://www.NatureMade.com)

USP has tested and verified ingredients, potency and manufacturing process.  
USP sets official standards for dietary supplements. [www.uspverified.org](http://www.uspverified.org)  
DFE = Dietary Folate Equivalents

★Based on Pharmacy Times Survey of pharmacists recommending Letter Vitamin Supplements.

Adequate folic acid in healthful diets may reduce a woman's risk of having a child with a neural tube defect.

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ No Preservatives
- ✓ Gluten Free

**CAUTION:** If you are taking medication, including anticonvulsants, consult your physician before use.

#### OTHER INGREDIENTS:

Cellulose Gel,  
Croscarmellose  
Sodium, Maltodextrin,  
Magnesium Stearate.

**2346113**  
**JUN 2022**

Lot:  
Exp.: