

List No. 1269  
L600 Cat. A806  
5A004

#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND



# Magnesium

250 mg

Supports muscle relaxation†  
100 TABLETS

Supports nerve, heart & bone health†  
Dietary Supplement

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**SUGGESTED USE:** Adults, take 1 tablet daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

Supplement Facts	
Serving Size 1 Tablet	
Amount Per Tablet	% Daily Value
Magnesium (as Magnesium Oxide) 250 mg	60%

- ✓ No Synthetic Dyes - Color Derived from Natural Sources
- ✓ No Artificial Flavors
- ✓ Gluten Free

**CAUTION:** If you have kidney disease or are taking any medication, consult your physician before use.

**OTHER INGREDIENTS:** Cellulose Gel, Croscarmellose Sodium, Stearic Acid, Hypromellose, Magnesium Stearate, Silicon Dioxide, Color Added, Polyethylene Glycol, Triethyl Citrate, Polysorbate 80.

**DISTRIBUTED BY:**  
Nature Made Nutritional Products  
West Hills, CA 91309-9903, USA  
1-800-276-2878 • [www.NatureMade.com](http://www.NatureMade.com)

Tableted and quality tested in the USA.  
Made to our guaranteed purity and potency standards.

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