

DIRECTIONS: As a dietary supplement take 1 or 2 capsules (adults only) preferably before bedtime.

MODO DE USO: Para adultos, tomar 1 ó 2 cápsulas al día, preferiblemente antes de ir a dormir.

Valerian, the herbal medicine of choice for nervous tension and panic attacks. It is not habit forming and works immediately.*
Este medicamento herbal ayuda a controlar la tensión nerviosa. No crea hábito y trabaja inmediatamente.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*

KEEP OUT OF THE REACH OF CHILDREN.
STORE IN A COOL DRY PLACE. DO NOT USE
IF SAFETY SEAL IS BROKEN OR MISSING.

HERBAL SUPPLEMENT



SUNSHINE
NATURALS®

Herbal Supplement

**Valerian
Root**
(Raiz de Valeriana)
1000 mg.

Ayuda Natural Para
La Ansiedad y el Insomnio*

100 CAPSULES

SUPPLEMENT FACTS

Serving Size 2 Capsule
Servings per Container 50

Amount per Serving	% Daily Value
Valerian Root (Valerians Officinalis)	1000 mg. **

**Daily Value not established.

Other Ingredients: Microcrystalline Cellulose,
Magnesium Stearate and Gelatin.

Distributed by: American Naturavit Inc.
Miami, FL 33166 305-593-5417

WWW.SUNSHINENATURALS.com



PROUDLY MADE
IN THE USA.

