

List No. 1212  
L400 Cat. A432  
5A009

These statements have not been evaluated  
by the Food and Drug Administration.  
This product is not intended to diagnose,  
treat, cure, or prevent any disease.



**Nature Made**

600 mg

**CALCIUM**

with vitamin D<sub>3</sub>

Helps support strong bones<sup>†</sup>  
Vitamin D helps improve  
calcium absorption<sup>†</sup>

VALUE  
SIZE

220 TABLETS | Dietary Supplement



**SUGGESTED USE:**

Adults, take 1 tablet 1 to 2 times daily with water  
and a meal.

Store tightly closed, in a cool, dry place, out of  
reach of children.

Do not use if imprinted seal under cap is broken  
or missing.

**CAUTION:**

If you are taking any medications, consult your  
physician before use.

**Supplement Facts**

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin D <sub>3</sub> (as Cholecalciferol) 10 mcg (400 IU)	50%
Calcium (as Calcium Carbonate) 600 mg	46%

**DISTRIBUTED BY:**

Nature Made Nutritional Products  
West Hills, CA 91309-9903, USA  
1-800-276-2878 • [www.NatureMade.com](http://www.NatureMade.com)

USP has tested and verified ingredients, potency and manufacturing process.  
USP sets official standards for dietary supplements. [www.uspverified.org](http://www.uspverified.org)

**MAY HELP REDUCE  
RISK OF OSTEOPOROSIS**

Adequate calcium and  
vitamin D throughout life,  
as part of a well-balanced  
diet, may reduce the risk  
of osteoporosis.

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ Gluten Free

**OTHER  
INGREDIENTS:**

Cellulose Gel, Maltodextrin,  
Croscarmellose Sodium,  
Hypromellose, Magnesium  
Stearate, Polyethylene  
Glycol, Gelatin, Corn Starch.

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FEB 2022

Lot:  
Exp: