

List No. 1079
L600 Cat. 573
5A004

#1 PHARMACIST RECOMMENDED

VITAMIN &
SUPPLEMENT
BRAND

Nature Made

B12
500 mcg

VALUE SIZE



Helps support
nervous system
function†

200 TABLETS

Helps convert
food into
cellular energy†

Dietary Supplement

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, take 1 tablet daily with water and a meal.
Store tightly closed, in a cool, dry place, out of reach of children.
Do not use if imprinted seal under cap is broken or missing.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin B ₁₂ (as Cyanocobalamin) 500 mcg	20,833%
Calcium 80 mg (as Calcium Carbonate and Dibasic Calcium Phosphate)	6%

OTHER INGREDIENTS: Cellulose Gel, Maltodextrin,
Croscarmellose Sodium, Magnesium Stearate.

DISTRIBUTED BY:

Nature Made Nutritional Products
West Hills, CA 91309-9903, USA
1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency and manufacturing process.
USP sets official standards for dietary supplements. www.uspverified.org
*Based on Pharmacy Times Survey of pharmacists recommending Letter Vitamin Supplements.

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ No Preservatives
- ✓ Gluten Free

CAUTION: If you are taking
medication, consult your
physician before use.

Lot: 2379633
Exp.: APR 2024

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