Suggested Use: Take 2 capsules at bedtime with water, or as recommended by your healthcare provider.

CAUTION: Do not use this product if you have abdominal pain or diarrhea. Decrease serving size in the event of watery stools. This product is not intended to treat chronic constipation. As with any dietary supplement, you should consult your healthcare provider before use, especially if pregnant, nursing, have a medical condition, taking medications, or have known adverse reactions or allergiss.













NON STIMULATING

Total Colon Care® Fiber Detox & Cleanse naturally cleanses the bowels and promotes a healthy gut environment for smooth digestion, detoxification, and elimination.*

To learn more about NatureWise Total Colon Care® Fiber Detox & Cleanse and our other great products please visit us at naturewise.com.

nature**wise**

TOTAL COLON CARE'

FIBER DETOX & CLEANSE



Non-Stimulating Laxative Formula

Helps Cleanse & Detox the Gut*

Supports Healthy Digestion*

Supplement Facts

Serving Size 2 Vegetarian Capsules Servings Per Container 30

Amount	Per Serving	% DV
Psyllium Husk (Plantago ovata) (seed)	500 mg	†
Senna Extract (Cassia angustifolia) (leaf) (20% sennosides)	250 mg	†
Cascara Sagrada Extract (Rhamnus purshiana) (bark) (10% cascaroside	125 mg	†
Licorice Root (Glycyrrhiza glabra)	35 mg	†
Ginger Root (Zingiber officinale)	35 mg	†
Fennel Seed (Foeniculum vulgare)	35 mg	†
Milk Thistle (Silybum marianum) (seed)	35 mg	†
Goldenseal (Hydrastis canadensis) (root)	35 mg	†
Yellow Dock (Rumex crispus) (root)	35 mg	†
Fructooligosaccharides	35 mg	t
Digestive Enzymes	5 mg	t

† Daily Value not established

Other Ingredients: DRcaps® capsule (hypromellose, gellan gum), organic rice bran extract, rice flour,

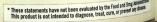
(protease, amylase, lipase, cellulase, lactase)

This Product Does Not Contain: Wheat, gluten, dairy, corn, soy, eggs, tree nuts, peanuts, fish, or shellfish.

naturewise.com

NatureWise Costa Mesa, CA 92626

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